

Name

Philippians 4.1-9

Paul ends his letter to the Philippians telling them to rejoice and not to worry but bring everything to God in prayer.



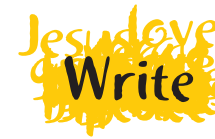
Activity time



Colour in and decorate the word 'Rejoice!'
Draw things/people you want to bring to God in prayer.



11-17 October 2020



Imagine you are a Philippian and write to Paul thanking him for the letter he has sent.



Family time

Talk What can you do if you are worried or anxious about something?

Do Read *The Huge Bag of Worries*, Virginia Ironside, and talk together about the book afterwards.

Pray What makes you want to rejoice? Share these things together and shout out 'Rejoice in the Lord!' after each one.



Unscramble the letters to see what the Philippians might have been feeling when they heard these words from Paul.

