



BROADLAND & NORTH LOCALITY – COMMUNITY FOCUS MONTHLY BULLETIN

Date: 8/5/2020

EVENTS

- Sprowston Youth Engagement Project SYEP, Virtual Youth Sessions
- The Times / Chicken House Children's Fiction Competition
- Young Norfolk Writing Competition

RESOURCES

- Information about how exams will work for GCSE's and A Levels this summer
- Department for Education: Online educational resources
- FREE Julia Donaldson and Axel Scheffler Home Learning Packs
- Explore More - New Learning Website
- FREE ONLINE Education Resources added to [icanbea....](#)
- UEA launches Webinar and Subject tasters online

TRAINING/COURSES

- The Sutton Trust Apprenticeship Summer School
- YMCA Training – Summer Programme
- Network Rail - The Advanced Apprenticeship Scheme

DIRECTORY

- Norfolk Community Directory

SUPPORT SERVICES

- Youth Hub & young person's phone and text service.
- Health Advice & Support for Children - Just One Norfolk
- Women and Gambling-Related Harm – FREE online training

Please email:

Community Focus North and Broadland cs.cfoteam.nandb@norfolk.gov.uk if:

- **you would like to be added to the distribution list for this bulletin**
- **you wish to be removed from the distribution list**
- **you have any items which you would like to be included in the bulletin**
- **you need any other help or information**

The information provided in our bulletins is sent to us from various sources. We try to ensure the information is correct at the time of publication but there may be some inadvertent errors. Publication in our bulletin does not necessarily constitute an endorsement of a service / organisation and we would advise you to take reasonable steps to check the services offered and organisation prior to using them – especially if you are referring children, young people and

vulnerable adults to a service. Norfolk County Council cannot accept any liability for any services provided by a third party.

EVENTS



The poster features a colorful background with brushstrokes in blue, yellow, red, and green. In the top left, there is a logo for SYEP (Sprowston Youth Engagement Project) inside a speech bubble. A black diagonal banner in the top right contains the Instagram handle @syep_nr7. The main text is in a bold, hand-drawn style, surrounded by four stars in blue, green, red, and yellow. At the bottom, there is contact information including an email address and a phone number.

SYEP
SPROWSTON YOUTH
ENGAGEMENT PROJECT

@syep_nr7

VIRTUAL YOUTH SESSIONS

TUESDAY'S & THURSDAY'S
7 - 9.30PM

EMAIL OR
MESSAGE ON
INSTAGRAM FOR ZOOM LINK

FITNESS, QUIZES, GAMES, CHAT &
MUCH MORE!

clare.lincoln@syep.co.uk
07907803621

The Times / Chicken House Children's Fiction Competition

Are you an unpublished and un-agented writer with an original and exciting story for 7-to-18-year-olds? If so, why not [enter our competition?](#)

For our special anniversary competition we're offering not one but TWO fantastic prizes. The main prize is a worldwide publishing contract with Chicken House with a £10,000 advance (subject to contract).



Young Norfolk Writing Competition

Love writing? Aged 11-18? We're looking for the freshest, boldest words in Norfolk.

Send us stories, lyrics, narrative for games, graphic stories, poems, spoken word, scripts, podcasts, plays, articles, journalism or essays!

You can enter up to six pieces of writing, and audio entries are also welcome across all entries (except graphic novels).

Are you a teacher? [Tips for involving the YNWC in the classroom and your work with young people](#)

- Individual prizes
- Mentoring opportunities
- The chance to have your work performed and published

The word limits are as follows:

- Stories, lyrics, narrative for games, poems, spoken word, scripts, podcasts, plays, articles, journalism, essays – one side of A4 or up to 40 lines
- Graphic stories – up to four sides of A4
- Audio entries can be up to five minutes in length.

To enter, you must be aged 11 to 18 and be living and/or studying in Norfolk, or your school or home address has an NR postcode.

Once your writing is ready, you can submit your entry via the button below (you will need to have a Google Drive login) or send us an email from your school/college/personal email account to competitions@nationalcentreforwriting.org.uk.

Submit entry online at:- <https://nationalcentreforwriting.org.uk/ynwc/>

Please note: writing previously submitted to the Young Norfolk Writing Competition cannot be accepted. However, you are very welcome to enter again with new writing!

The closing date for entries is 5pm on Monday 25 May 2020.

If you have a question or are experiencing difficulties with submitting your entry, please email competitions@nationalcentreforwriting.org.uk or call 01603 877177.



RESOURCES

Information about how exams will work for GCSE's and A Levels this summer

How will GCSEs, AS & A levels be awarded in summer 2020?

Any young people who are worried about GCSE or A Level result and their applications to college or university should look at the advice being offered by the Government

Ofqual have produced a video explaining how the exam grading for GCSE, AS and A level students will work for this summer – please share the link below with the students and their parents/carers you are working with

www.youtube.com/watch?v=VXuDOrtJY1Q

You can find additional written information provided by Ofqual using the link below. This gives a more detailed explanation of the changes for schools, colleges, students, parents & carers on how GCSEs and A levels will be awarded following the cancellation of this year's exams.

<https://www.gov.uk/government/news/how-gcses-as-a-levels-will-be-awarded-in-summer-2020>

Department for Education: Online educational resources

The Department for Education (DfE) has published a list of online resources that parents, carers and schools can use to support children's education at home during the coronavirus outbreak. The list compiles educational resources to help children learn at home, and includes resources on wellbeing for primary and secondary school pupils.

View the online education resources: [Coronavirus \(COVID-19\): online educational resources](#)

FREE Julia Donaldson and Axel Scheffler Home Learning Packs

Is your child a fan of Julia Donaldson and Axel Scheffler's wonderful picture books? Now you can download a range of home learning activity packs to complete as you read the books!

<https://resource-bank.scholastic.co.uk/content/FREE-Julia-Donaldson-and-Axel-Scheffler-Home-Learning-Packs-40114>

Explore More - New Learning Website

[Explore More](#) is a brand-new learning website. It allows children of all ages, their parent and teachers to work and have fun together. They delve into stimulating, fictional worlds taking on empowering challenges to become the 'expert' in the story, solving problems as the story unfolds in their own space and time.

FREE ONLINE Education Resources added to icanbea....

Icanbea... have brought together a list of **FREE ONLINE Education Resources** under a variety of headings including careers. They will be updating the lists regularly, so check back for new resources that can help students, parents and teachers using this link [using this link](#)

This site features Careers Wizard which is an interest and skill based interactive set of webpages which can help young people to think about what kind of job they may like to do. It also links to information about employment sectors and live vacancies across Norfolk & Suffolk

[Follow this link to take a look at what the site has to offer](#)

UEA launches Webinar and Subject tasters online

The UEA have developed a series of online webinars to support applicants, prospective students, parents / carers and teachers / advisers during this time.

The webinar series which is being launched this week, is aimed at Access and BTEC students aged 19+, or adults who are considering returning to education after a break. The regular webinars are live online sessions that include a short presentation followed by a chance to submit questions using the text chat function. They are free and easy to join.

Follow this link to find out more www.uea.ac.uk/study/webinars

TRAINING

Summer School (Digital)



The Sutton Trust Apprenticeship Summer School will be delivered digitally in partnership with leading employers. The programme will help you make an informed decision about your future career.

You will gain an in depth understanding of degree apprenticeships, what they involve and whether a degree apprenticeship is the right choice for you. You will hear from current apprentices, experience networking opportunities, attend interactive digital sessions hosted by employers and learn the different application processes employers use. The programme will be delivered through live interactive sessions, webinars, Q&A panels, pre-recorded videos, group work and other online resources.

Available to 100 Year 12 students from across the UK & running for 3 days, 13th-15th July 2020.

Lots more information here, <https://www.suttontrust.com/news-opinion/all-news-opinion/career-choices/applications>

Applications are open until 28 May <https://apply.suttontrust.com/>

YMCA Training

This year, as a result of the impact of the COVID-19 pandemic, YMCA Training's 5 week Summer programme will be offered to school leavers as an online experience.

The Summer Programme will run from Monday 29th June to Friday 31st July offering a variety of online activities and training sessions to suit all – look out for further details including timetables and joining instructions.

Alternatively, If you have any school leavers that are undecided on their future career goals and would be interested in joining us on our Summer programme please contact for further details.

16-18 Study programme

Applications and telephone interviews are now taking place for August 2020 starts in the following vocational areas, all of which include employability, work experience, English & Maths (Functional Skills and/or GCSE)

- Childcare
- Customer Service / Business Administration
- Occupational Studies

Plus – YMCA Training are recruiting for a September 2020 start, on their 2 year Fitness Training Academy powered by NIKE for any young people interested in Personal Training / Fitness

All details and how to apply are on their website www.ymca.co.uk



The Advanced Apprenticeship Scheme at Network Rail is open to anyone who will be 18 before 29/9/2020 and there is no upper age limit.

Requirements: GCSE English Language at Grade A*– C / 9 – 4, GCSE Mathematics at Grade A*– C / 9 – 5, GCSE Science at Grade A*– C / 9 – 4 Or NVQ or BTEC Level 2 or above in an Engineering subject, One other GCSE in any subject at Grade A*– C / 9 – 4.

As an engineering apprentice with Network Rail, you'll have three amazing years on the scheme with the first phase of the scheme being spent living and learning at one of our dedicated training centres; Westwood and HMS Sultan. Following that, you'll join a depot close to home where you'll get out and about on the network specialising in telecoms, distribution & plant, overhead lines, signalling, track or off-track.

For more information, click on this link www.networkrail.co.uk/careers/early-careers/apprenticeships/level-3-engineering-apprenticeship/

DIRECTORY



Do you run a local community group for families, or do you know someone who does?

Did you know you can use the Norfolk Community Directory to promote your services and activities and help get more people involved?

If you provide services, activities and/or events for Norfolk families with children aged 0-5, you can register for an online account that enables you to promote your service on the Norfolk Community Directory. Once set up, you can add new services and return to your account to keep your listings up to date. Click <https://communitydirectory.norfolk.gov.uk/Information/add-your-service> to find out more.

If your service is for families with children aged 0-5, please could you put '0-5 Community offer' in the notes.

SUPPORT SERVICES

Children and young people's hub

Youth Hub & young person's phone and text service.

Norfolk County Council (NCC) have added a new Youth Hub section to their website. This part of the NCC site has recently been launched to provide information and advice aimed at children and young people in Norfolk. Please bring this resource to the attention of the young people you are working with. NCC is currently working with the Web Team to develop a Careers / Transition support section as well.

This link will take you to the site www.norfolk.gov.uk/youthhub

Health Advice & Support for Children - Just One Norfolk

<https://www.justonenorfolk.nhs.uk>

Just One Number 0300 300 0123 This is our phone service that is available from Monday – Friday 8am to 6pm (9am to 1pm on Saturdays). The Just One Number team can help you by providing health advice and information about your baby, child or young person. Just call **0300 300 0123** with any health questions or concerns you may have. The phone line can get very busy sometimes but you can leave a voicemail with your details, and a member of the team will call you back as soon as possible.

Parentline 07520 631590 This is our text messaging advice service for Norfolk parents/carers of 0 - 19 year olds. If you need advice about your child or young person's health or wellbeing, simply send a text and one of our team will text you back with advice. All you need to do is text **07520 631590** to start a conversation.

Just One Norfolk This is our digital platform which provides all sorts of advice, information and support for you, your baby, child and young person. It has advice and ideas of how to manage during the current coronavirus pandemic as well as links through to other people and services. There is an online parent to parent community as well as online learning activities and self-assessment tools. If you need support about a particular issue simply use the search bar to find what you are looking for. You can also create an account so you can watch your confidence and knowledge improve as you learn more.



Children & Young People's Health Services

NHS

ChatHealth Norfolk

CONFIDENTIAL SUPPORT

For Young People 11-19

Struggling to cope with anxiety and concerns about the current situation?

Have some issues staying healthy and feeling good? Or just not feeling safe at the moment... We are here for you!

TEXT: 07480 635 060



Problem Gambling Support

Women and Gambling-Related Harm – FREE online training – multiple dates available.

Book your place using Eventbrite: <https://bit.ly/2z7HqRP>

GamCare is a national provider of free information, advice and treatment for anyone affected by problem gambling. There are around 500,000 problem gamblers in the UK, up to 20% of whom are women. For every person who has a problem with gambling, up to 10 other people can be affected, and women are disproportionately at risk of experiencing gambling-related harm. Gambling-related harm can include debt, relationship difficulties, housing issues, gender-based violence, health problems, depression and anxiety, feelings of isolation, and suicidality.

Our FREE training is usually offered face-to-face, but we now have a 1.5 hour session which we are delivering online via Zoom. Individuals can register to attend the training at their convenience, using a mobile phone, tablet, or laptop.

During the training session, we will talk about gambling-related harm, risk factors, impacts, and how to identify and support people affected. Learn about our treatment network and how to refer clients to treatment services. This training is essential for any professionals who work with women and families.

Sessions currently available:

Thursday 21 May	10.00am to 11.30am
Wednesday 27 May	2.00pm to 3.30pm
Monday 1 June	2.00pm to 3.30pm
Thursday 4 June	2.00pm to 3.30pm
Wednesday 17 June	10.00am to 11.30am
Tuesday 30 June	2.00pm to 3.30pm

Book your place using Eventbrite: <https://bit.ly/2z7HqRP>

Victim Support Live chat

If you need support after crime, you can chat to one of our trained supporters. Live chat is a free service available for people affected by crime in England and Wales, 24 hours a day and seven days a week. To start a live chat, select the 'Chat now' button below.

If you need further support, you can:

[Find support near you](#). Please note that due to coronavirus restrictions, we are not currently providing face-to-face support, but our local teams are still available to provide help and advice remotely.

[Request support online](#)

Create an account on [My Support Space](#) - a free online resource containing interactive guides and information to help you manage the impact crime has had on you.

Ring us on freephone [08 08 16 89 111](#).

Some people experience difficulties using IE11, if you experience this, please try a different browser – for example, Google Chrome.

Find out what happens when you start a live chat by [watching our short animation](#) (opens YouTube).

Survey

Survey link - Childhood vaccination during the current Coronavirus pandemic and lockdown

Public Health England and the London School of Hygiene and Tropical Medicine are collaborating on a piece of research about people's feelings and experiences in regards to routine childhood vaccination during the current Coronavirus pandemic and lockdown. They are recruiting parents of children under 18 months to complete a 10 minute survey. Please share the survey links with your networks

<https://www.facebook.com/LSHTM-survey-Childhood-vaccination-during-the-coronavirus-pandemic-101332664891744/>

