BROADLAND & NORTH LOCALITY – COMMUNITY FOCUS MONTHLY BULLETIN

Date: 03/07/2020

EVENTS

- Norfolk Libraries virtual events
- Wellbeing Virtual Socials
- Carers Matter Norfolk Virtual Cuppa
- Virtual Chatty Café
- Young Norfolk Arts Trust

RESOURCES

- Kick the Dust
- Everybody worries free book
- WOWFest 2020
- Cromer Carnival Virtual Children's activities
- Young Norfolk Arts Virtual Festival 2nd 6th July 2020
- BBC Young Composer 2020
- Research into Smoking and Pregnancy
- Wells Canrival 2020 fun gardening Competition
- Coronavirus: gang-activity and child exploitation
- Windrush Waves: Create and Celebrate

TRAINING/COURSES

- Children's Mental Health Champion
- Bereavement Support Awareness
- ACE Training Turning Point
- Princes Trust update
- Princes Trust Mentoring Circle

SUPPORT SERVICES

- Call Blocker
- National Helplines Launch #ReadyToTalk Campaign As Lockdown Eases
- Supporting Children (Aged 6 11 years) to Transition Back to School
- Schools Eligible for COVID Summer Food Fund
- National Homelessness Advice Service
- See Hear Respond Service from Barnardo's

FUNDING

- Stop loan sharks Community Funding
- Norfolk Community Foundation Photo Competition
- Screwfix Foundation
- Better Together competition
- Anglian Water Community Support Fund
- Covid-19 Local Resilience funding

Please email:

Community Focus North and Broadland cs.cfoteam.nandb@norfolk.gov.uk if:



- you would like to be added to the distribution list for this bulletin
- · you wish to be removed from the distribution list
- you have any items which you would like to be included in the bulletin
- you need any other help or information

The information provided in our bulletins is sent to us from various sources. We try to ensure the information is correct at the time of publication but there may be some inadvertent errors. Publication in our bulletin does not necessarily constitute an endorsement of a service / organisation and we would advise you to take reasonable steps to check the services offered and organisation prior to using them — especially if you are referring children, young people and vulnerable adults to a service. Norfolk County Council cannot accept any liability for any services provided by a third party.

EVENTS







Wellbeing Virtual Socials July 2020

All of the social events that we run are based upon the '5 Ways to Wellbeing'. These are a set of evidence-based recommendations which, when followed, can improve your mental health and wellbeing. In the current circumstances, all our social events are being held online. The team are always keen to run social activities using input and ideas from you so please get in touch with any ideas you have!

Wednesday	1st	10:30am	Wellbeing - What Works For Me
Thursday	2nd	10.30am	Wellbeing Group Chat - Creative Writing
Thursday	2nd	18:00pm	Quiz
Friday	3rd	10:30am	Theme Friday: Treat Yo'self
Saturday	4th	10:00am	Perinatal Social
Monday	6th	13:30pm	Coffee & Catch Up
Tuesday	7th	14.30pm	Arts & Craft
Tuesday	7th	19.00pm	Wellbeing Nostalgia Night – 70s
Wednesday	Sth	10:30am	Wellbeing - What Works For Me
wednesday	ouii	10.304111	Wellbeing - What Works for Me
Thursday	9th	10.30am	5 Ways to Wellbeing Workshop
Thursday	9th	18.00pm	Quiz
Friday	10th	10:30am	Theme Friday: Lockdown Discs

More socials on the next page...

For details and to join: go to www.wellbeingnands.co.uk and click on 'Social Events'



₩ellbeingNandW

f WellbeingSuffolk

✓ @WellbeingNandW

@Wellbeing_Suff





Wellbeing Virtual Socials July 2020

```
Monday 13th
                 10:30am Yoga
  Monday 13th 13:30pm Coffee & Catch Up
  Tuesday 14th 14.30pm Arts & Craft
  Tuesday 14th 19.00pm Film Club
Wednesday 15th 10:30am Wellbeing Group Chat - Wellbeing Around The World
 Thursday 16th 10.30am Wellbeing Group Chat - Spirituality
 Thursday 16th 18:00pm Quiz
    Friday 17th 10:30am Theme Friday: Pride Social
  Saturday 18th 10:00am Perinatal Social
  Monday 20th 10:30am Yoga
  Monday 20th 13:30pm Coffee & Catch Up
  Tuesday 21st 14.30pm Arts & Craft
  Tuesday 21st 19.00pm Men's Social
Wednesday 22nd 10:30am Wellbeing - What Works For Me
 Thursday 23rd 10.30am Wellbeing Group Chat - Holistic Health
 Thursday 23rd 18.00pm Quiz
    Friday 24th 10:30am Theme Friday: Dish of the Day
  Monday 27th 10:30am Yoga
  Monday 27th 13:30pm Coffee & Catch Up
  Tuesday 28th 14.30pm Arts & Craft
  Tuesday 28th 19.00pm Women's Social
Wednesday 29th 10:30am Wellbeing - What Works For Me
 Thursday 30th 10.30am Wellbeing Group Chat - Gigs That Changed Our Lives
  Thursday 30th 18.00pm Quiz
    Friday 31st 10:30am Theme Friday: Cats & Dogs
```

For details and to join: go to www.wellbeingnands.co.uk and click on 'Social Events'



@WellbeingNandW
@Wellbeing_Suff



Virtual Chatty Café

Here at the Chatty Café, we were especially worried for those suffering from increased loneliness and social isolation. Those very people we would normally encourage into their local venue to meet new people at a Chatter & Natter table and engage, could not now leave their homes. Our answer was the VIRTUAL CHATTY CAFE.

They last about 30 minutes (usually running over when we are happy chatting), we have up to 12 people per session and they are so enjoyable.

If you know anyone that would like to join, all they need to do is email <u>jenny@thechattycafescheme.co.uk</u> for the Zoom Meeting ID. Everyone is welcome, make yourself coffee, get comfy and join in. It's up to you if you want to chat or just sit and listen.

We also realised that for a number of reasons, some people have no access to technology. So we offered to CALL anyone that couldn't join our Zoom chats. We call these people on the same day, at the same time, every week for a 10 minute (but often longer!) chat.



Workshop! Writing Drama; Here and Now 📝

Coast to Coast Theatre Company will be teaching us about writing drama and making new theatre; demystifying the playwriting process, guiding you to understand existing plays and how you can develop your skill set.

Saturday 4 July | 10am-12pm

http://youngnorfolkarts.org.uk/.../writing-drama-here-and-no.../



RESOURCES

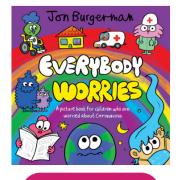
KICK THE DUST STILL ALIVE AND KICKING IN LOCKDOWN

During LOCKDOWN we are still offering a vast range of opportunities through using Zoom as well as producing high quality resources which can be printed out and used at home. We have 12 project groups running across the county and we have been able to provide over 400 opportunities to young people. In addition, we will be providing Art Parcels to families and young people at the beginning of July who we feel would benefit from receiving these and we are looking forward to seeing what young people design.



Should you wish to become involved in Kick the Dust or find out more just drop an e mail to christine.marsden@norfolk.gov.uk or use our social media to get in touch. Share your thoughts or art about heritage with us using #KTDNorfolk!

- Instagram: @ktd_norfolkTwitter: @KTDnorfolk
- Facebook: facebook.com/KTDNorfolk



Read the eBook

Everybody Worries

Written and illustrated by Jon Burgerman

In this bright and friendly picture book, children learn that it's okay to worry about coronavirus. Fun rhyming couplets keep the tone gentle and supportive, and you will find plenty of ideas for dealing with coronavirus in a positive way.

Everybody Worries offers your child the reassuring message that this crisis will pass, we are there for them, and we will get through this together.

https://home.oxfordowl.co.uk/books/jon-burgerman-everybody-worries-free-ebook/

You will find lots of other free ebooks on this website, for helping children to learn.



WOW Fest 2020

"Join us as we take our WOW Fest 2020 online. A month of free activities for all the family across all of our programmes." www.wowworldgroup.com/wowfest2020

WEEK 2 Main Stage with Toddler Sense

Suitable for ages 12 months - 5 years

Tuesday 7th July 4pm

Facebook LIVE Festival Camp Out

Wednesday 8th July Time 12.30pm

Q&A on potty training and tantrums with Imogen Coleman

Thursday 9th July Time 4pm

Facebook LIVE Festival Friends

Friday 10th July 10am

Sunshine Rainbows Lollipops Zoom session

Book your Zoom session here

Cromer Carnival virtual children's weeks.

10 weeks of activities for all to enjoy.

This week - Create a Carnival mask.

Think of those huge carnivals in places such as Brazil and Italy. Masks and Carnivals go together hand in hand. Create your own Carnival mask. This can be as simple as paper and crayons. Free for all to enter.

Competition closes Saturday 4th July at 5pm.

Please email your entry to:

cromercarnivalcompetitions@gmail.com

With Create a Carnival mask as the subject along with your name and age.

Winners will be announced on Facebook.

Enjoy!

For your copy of the Cromer Carnival 50th anniversary booklet please go to

https://www.cromercarnivalarchive.co.uk/

Young Norfolk Arts Virtual Festival – 2nd – 6th July 2020

Young Norfolk Arts is a charitable organisation that provides opportunities for children and young people to create and engage with creativity and culture across Norfolk. What started as the Young Norfolk Arts Partnership between local organisations committed to providing creative opportunities to young people has developed into charitable organisation the Young Norfolk Arts Trust. The Trust champions the rich cultural and artistic heritage of Norfolk and works to ensure that local young people are presented with a multitude of ways to explore it in a way that enriches education and enhances aspirations.

For 10 days every July, we hold the **Young Norfolk Arts Festival (YNAF)** – a celebration of creativity and performance by and for young people in Norfolk.

http://youngnorfolkarts.org.uk/





BBC Young Composer 2020



The nationwide BBC Young Composer competition 2020 is now open! You may not think of yourself as a composer, but if you love to create your own original music, and are bursting with creativity, originality, and potential, then we're here to tell you that you are! We're looking for musically-minded people aged 12-18 of all technical ability, backgrounds, and musical influences.

We've extended the closing date for entries to **5pm, Monday 20 July 2020** Find out about the BBC Young Composer Competition **2020**

https://www.bbc.co.uk/programmes/articles/4mY3MbSJ5G2LvSbzZPbc85G/bbc-young-composer-2020

Research into Smoking and Pregnancy

Can you help advise us on our research to help new Mums stay smoke free? We need you! At the University of East Anglia, we're about to start a new study to test a programme to help women who have quit smoking for pregnancy stay smoke free after the birth of their baby.

We're looking for members of the public who could advise us and be part of our project team. This would involve about 2-4 meetings a year from October 2020 until December 2023, and informally commenting on study documents (there would be no obligation to commit to the full length of time).

The meetings would be held virtually by video calls, or at the University of East Anglia, Norwich. We will reimburse you for your time and travel expenses. We're looking for women who are pregnant, or who are new mothers (with babies under 12 months ideally) who either quit smoking for pregnancy and returned to smoking; or who have managed to stay quit.

There is no need to have any prior experience of helping with research. We would love to hear from you. Please contact the BabyBreathe team at: babybreathe@uea.ac.uk

Wells Carnival 2020 Fun Gardening Competition

During lockdown we know many people have been spending more time in their gardens.

We would love to see the results...

- Entries by photograph only
- One photo per entry
- Must be your own garden (entries may be submitted on behalf of someone without technology)
- Dates for entry 11 July 20 to 18 July 20
- By entering, you are agreeing to your name and photograph appearing on our media pages. No addresses will be given
- All entries should be sent to wellscarnival@live.co.uk together with name, address, contact number and stating category entered (please include age if under 16 years)



- Best garden
- Worst garden
- Container or hanging basket
- Sunflower hopefully there will be entries from the seeds which were sent out in our craft packs
- A display of home grown edible produce
- A garden project built in lockdown

There will be rosettes and certificates for 1st, 2nd and 3rd places and a prize for 1st in each category.



Coronavirus: gang-activity and child exploitation

The National Youth Agency (NYA) has published a report on how gangs have adapted to the coronavirus pandemic by grooming new children and changing locations.

Findings from the report, which looks at official data and insight from youth work practitioners in local areas, include: youth workers report that gangs in some areas are using lockdown as a 'recruitment drive' for young people with vulnerabilities, including through social media and cyber grooming; gangs are grooming vulnerable young people who are outdoors in unsafe environments, for example young people who may be outside the home due to domestic abuse or strained family relationships; and lack of youth workers during the pandemic has restricted opportunities for young people to exit gangs safely.

Read the news story: <u>Drug gangs on 'recruitment drive' during lockdown</u>

Read the report: <u>'Hidden in Plain Sight' – A Youth Work Response to Gangs and Exploitation</u> during COVID-19



Windrush Waves: Create and Celebrate

Windrush Waves is a new opportunity for young people to showcase their creativity and celebrate Black history.

We are inviting 14–21 year olds to respond to the story of the Windrush Generation through art, music and poetry, to highlight this significant part of Britain's history and present. Our friends poet Ragz-CV, musician Rodney P, artist Linett Kamala and photographer Joy Gregory will make a shortlist of their favourites.

Deadline 2 August 2020

TRAINING

Princes Trust update

Princes Trust have now moved to online delivery and bought in colleagues from across the whole of the East of England to form one new team.

Their programme for June 2020 is ready to be shared so please contact Karen Searle via email at karen.searle@norfolk.gov.uk if you would like an electronic copy of the programme.

None of these programmes have dates attached to them because the Princes Trust will be repeating all of the themes regularly and they will create a tracker to register young people's interest. Each time a new programme begins, they will work through the tracker in order of the dates young people submitted their interest.

Princes Trust online offer currently is:

- 1. Get Into Adult Social Care (with West Suffolk College)
- 2. Get into Health & Social Care (with Steadfast Training)
- 3. Get Started with Games Design (with WuWo Media)
- Get Started with Nail Art (with Solis Nail & Beauty Training)



BECOMING A MENTAL HEALTH CHAMPION

The LINK Project, which is part of the Point 1 service, offers a free two-day training course to become a Mental Health Champion.

The training is available to any staff member working at a universal setting, such as a school, Early Years provider, GP practice, children's centre or a health visitor. The two-day training covers topics such as child development, information sharing, common mental health issues and guidance on how to refer into specialist services. After the two-day training, you are then qualified as a Mental Health Champion.

Once qualified, you are eligible to attend specialist training sessions that cover a wide range of topics throughout the year. You also have access to in-house consultations, regular locality meetings, our extensive LINK resource and information database, as well as receiving a regular newsletter with service updates, training dates and other CYP Mental Health news. During this time of COVID-19, we are also offering an advice and guidance service via email and over the phone.

If you would like to find out more about the LINK Project or how you can join us as a Mental Health Champion or Associate, please contact us on: linkwork-point1@ormistonfamilies.org.uk









Bereavement Support Awareness

Community Action Norfolk are offering a 3-hour on-line session for Norfolk VCSE organisations around Bereavement Support Awareness. The training is aimed at staff or volunteers who may be working with service users who have been impacted by bereavement during this period. The session takes place on Weds 8th July from 1pm. The minimum donation for a ticket is £1, the suggested donation is £15. For more information please click the button below.

Find out more

ACE Training - Turning Point

Turning Point will address some of the issues that ex-offenders encounter when returning to work or training, such as mental health and wellbeing, lack of skills and practical obstacles.

ACE Training have a broad range of abilities and are able to be agile and creative in meeting the needs of ex-offenders.

Known in the sector for going the extra mile, their empathetic, determined approach has helped many people realise seemingly unachievable goals. Over the years, they have worked within many criminal justice system services and institutions, ex-offenders and Category D prisoners.

Key Points:

Possible bursary support to remove barriers to employment.

Extensive employer network – working with local employers eager to help ex-offenders.

ACE Training's motto is, "believe the impossible" - it may take a little longer, but with the right support and a "new day" attitude, ACE Training's team will help anyone achieve their employment goals. Flexible one to one delivery model.

Where? Great Yarmouth, Norwich, Cromer & North Walsham

Contact Information:

Website: www.ace-project.org.uk Telephone: 01603 720308 Email: info@ace-project.org.uk

SUPPORT SERVICES

Call Blocker

The National Trading Standards Scams Team (the team) received government funding to supply and install call blocking technology in consumers' homes.

The project re-launched at the beginning of March and received hundreds of applications. Due to COVID-19 the team had to make the very difficult decision to close applications as it wasn't safe under government guidelines to continue posting and installing units. Since then the team has been working with trueCall, to provide a safe application process. The team and trueCall are now in a position to re-open applications and post units out to consumers who can self-install only. They will only be able to send units directly to the consumers and people won't be able to apply on behalf of others, units will be supplied on a first come first served basis. Unfortunately the team are not allowing applications from partners or local authorities or anyone who cannot self-install the unit. There won't be the option for an engineer to visit the user to install the unit. The team understands that some people may be disappointed with these restrictions, however the team concluded this was the only safe way to supply the units.

Direct applicants will be able to apply online on the Friends Against Scams website from **the 8th July,** via:

www.FriendsAgainstScams.org.uk/callblocker.

National Helplines Launch #ReadyToTalk Campaign As Lockdown Eases

GamCare has joined forces with Samaritans, Refuge and Cruse Bereavement Care to launch the #ReadyToTalk campaign, encouraging people to seek support for problems that may have been aggravated as a result of the COVID-19 pandemic, or which they may not have spoken to anyone about while in lockdown.





Supporting Children (Aged 6 – 11 years) to Transition Back to School

Norfolk County Council, in partnership with the Voluntary Sector Forum (Children, Young People and Families), are seeking views from organisations who support children aged between 6 – 11 about how to help them with the transition back to school. To complete the survey please click the button below. Interested parties are also invited to attend an online discussion on Fri 10th July from 10am. To take part in the discussion please email neelam.subba@norfolk.gov.uk

Find out more

Schools Eligible for COVID Summer Food Fund

The Department for Education (DfE) has launched the COVID Summer Food Fund which will enable children who are eligible for benefits-related free school meals to be supported over the summer holiday period.

The payments for the COVID Summer Food Fund will be met centrally by DfE. This support is in addition to the free school meals national voucher scheme.

Schools will have received an email from Edenred for the free school meals national voucher scheme with an activation code and a step-by-step guide to using the online ordering portal. The Edenred portal will also be used to order vouchers from the COVID Summer Food Fund. Schools must ensure that they do not order vouchers through the free school meals national voucher scheme for holiday weeks that are covered by the COVID Summer Food Fund. Orders for vouchers must be made at least one week before the school term ends, and it will be issued to the family within 7 days unless a distribution date for further in the future has been specified.

Once the voucher's value has been confirmed, schools can either:

- Send the eCode directly to the parent or carers of the pupils(s) they will need to choose an eGift card from a range of supermarkets
- Select an eGift card on the parent or carer's behalf, and print and post the eGift card to them
- Select an eGift card on the parent or carer's behalf, print the eGift card and arrange for families to collect it.

For any Edenred queries, please email:

- <u>freeschoolmeals@edenred.com for schools</u>
- <u>freeschoolmealsparentscarers@edenred.com</u> for parents and carers

Guidance is available from Edenred for parents to help answer any questions.

https://www.edenred.co.uk/reward-recipients/Free-School-Meal-Vouchers/



The National Homelessness Advice Service have launched their new and improved website, which now no longer has the membership login requirement. This means you can access free resources such as the advice line, factsheets, guides and training information without needing to log in. Login details are still required to book training via the training portal, more on this here.

The NHAS <u>news</u> section is regularly updated, with topics such as: <u>changes to asylum and resettlement policies</u>, <u>COVID-19 benefits calculator</u> and <u>COVID-19 advice in 21 languages</u>. There are an additional number of free webinars whilst face-to-face training is temporarily suspended; more <u>here</u>. Below are just a few of the webinar topics available:

- Housing, Homelessness and COVID-19
- Dealing with Landlord Harassment and Unlawful Eviction
- Assisting Non-UK Nationals
- Complex Needs and Domestic Abuse
- Understanding Homelessness Reduction Act Duties

If you have any comments or queries on the new website, please email nhas@shelter.org.uk with the subject line "NHAS website feedback".



See Hear Respond Service from Barnardo's

See Hear Respond is a service provided across England by Barnardo's and a group of national and local community-based organisations in response to Covid-19.

The programme has been created to help children and young people in England (from pre-birth up to 18 years of age and those with special educational needs under the age of 25) who are experiencing harm and increased adversity during lockdown by providing support to those who are not being seen by schools or other key agencies.

Working with our partners we aim to reduce the likelihood of harm and ensure other support and protective networks are in place using:

- Online digital support, including advice and information, online counselling and a telephone helpline
- Face to face interventions, such as support for groups at risk outside the home and one to one support
- Reintegration into education, including assessments and the delivery of support pathways back to education

We accept referrals for all children and young people under the age of 18 who are not already receiving support from statutory agencies, for example through Child Protection Plans, and especially want to invite referrals for families who are most isolated from support due to COVID-19, including:

- Under 5s with a specific focus on under 2s
- Those with Special Educational Needs and Disabilities and where there are concerns about their welfare e.g. online safety
- Children who maybe at increased risk of abuse, neglect and exploitation inside or outside of the home
- Black, Asian, Minority Ethnic and Refugee children who experience barriers to accessing services
- Young carers

To access our service please select an option below: https://www.barnardos.org.uk/see-hear-respond Or call Freephone 0800 157 7015



FUNDING

Is your organisation or community interested in applying for Stop loan sharks Community Funding?

Join a live chat session/bring a cup of tea (optional).

Find out more about how to apply, tips and ideas and learn from organisations elsewhere.

Sele ct your Session (places are limited)

to book a place please follow the link to Eventbrite

10am Tuesday 14th July

https://www.eventbrite.co.uk/e/community-funding-tea-and-a-chat-session-tickets-111158271382

10AM Thursday 16TH JULY

https://www.eventbrite.co.uk/e/community-funding-tea-and-a-chat-session-tickets-111159109890

Link to Session will be sent to you the day before!

Follow the link below to find out more about the community funding.

https://www.stoploansharks.co.uk/cash-seized-from-loan-sharks-to-fund-community-projects/

<u>Norfolk Community Foundation</u> is inviting charities and voluntary groups in Norfolk to send in their photos capturing community projects in their area, including both pre and post-lockdown.



We know how brilliantly our local groups have stepped up during this crisis and supported the most vulnerable when we needed them most – and we want to help showcase the amazing people, activities and places that are at the heart of our community in celebration of **Norfolk Day**.

The winning entry will receive a £500 cash prize, with a second prize of £300 and a third prize of £200 available. You can see last year's fantastic winning entries at the end of this email.

Entry criteria:

- Photos must include people
- Entrants must live in Norfolk
- Photos must be taken in Norfolk
- Photos must be in good quality digital format (300 dpi or greater).

Entries must have the necessary permissions for public display/publication by NCF.

How to enter

You can email your entries to us at shinebrighter@norfolkfoundation.com together with your completed entry form.

Please see the competition terms and conditions and download an entry form here on our website.

The winning images will be announced to celebrate Norfolk Day on **Monday 27th July 2020**. Three winners will receive a cash prize of up to £500 to support the work of their community group.

Deadline for submission is Friday 17th July 2020.

The Screwfix Foundation

The Screwfix Foundation is a **registered charity set up in 2013.** We have a clear purpose of raising funds to support projects that will fix, repair, maintain and improve properties and community facilities for those in need throughout the UK. How do we raise money? We raise funds throughout the year to support causes that will change people's lives. We work with both national and local charities, donating much needed funds to help all sorts of projects, from repairing buildings and **improving facilities in deprived areas, to decorating the homes of people living with sickness and disabilities.**

The Screwfix Foundation Facts

The Screwfix Foundation currently offers local registered charities and not for profit organisations **funding of up to £5,000.** All applications are reviewed individually by our team on a quarterly basis, the review dates are in February, May, August and November. All successful applications will be contacted by post, email or phone to arrange the next step. Unsuccessful applicants will be contacted within one month of the review meeting. Once you have received your outcome, should you wish to reapply, please do so after **12 months**. This applies to both successful and unsuccessful applications.

How To Apply

Before applying for funding from The Screwfix Foundation, your organisation MUST:

- Be a registered Charity or Not for Profit organisation
- Help those in need. This could be by reason of financial hardship, sickness, distress or other disadvantages in the UK
- Is looking for funding to support projects that relate to the repair, maintenance, improvement or construction of homes, community buildings and other buildings.

If your application meets ALL of the above the criteria and you wish to apply for funding, please apply below:

Apply for Funding Now "





Anglian Water Community Support Fund

In April, Anglian Water launched plans to establish a new £1 million <u>community support</u> <u>fund</u> to provide a cash boost for local communities to help fight the impacts of Coronavirus.

Positive Difference Fund

Anglian is working with 15 Community Foundations in the East of England to allocate their £1million Positive Difference Fund. The first half of the fund is available now to provide emergency funds for community organisations who are supporting people who are isolated, considered high risk and in need of practical support during the Coronavirus pandemic. The remaining half will be released later in the year to meet emerging needs from the fallout from the pandemic.

Eligible organisations will be able to apply through their local Community Foundation branch for grants from between £1,000 and £5,000.

The Fund is now open to constituted community organisations based and/or clearly operating in Norfolk, who are supporting vulnerable, isolated and older people at this time. Your project must support those who are considered high risk (including those with preexisting medical conditions and people over 60) or find themselves in vulnerable circumstances as a result of the continuing threat of Coronavirus and will help to:

- Support ongoing needs, ensuring their health and mental well-being is maintained,
- Reduce the impact during any isolation period that may arise as a result of the threat of Coronavirus,
- Help to make sure people remain safely connected with the outside world during this time.

Example projects might include:

- Support for foodbanks and organisations working to combat hardship caused by the pandemic including child hunger.
- Services to address domestic abuse and violence in the home.
- Support for groups that provide services to those who are homeless.
- Enabling people to access a nutritious meal by connecting them to services providing groceries, and/or ready-made meals.
- Enabling and encouraging people to use and access technology to keep them connected to the outside world.
- Reaching out to isolated people by telephone, and befriending.
- Enabling home education for children and young people.

Who can apply?

Charity, Church/PCC, Parish/Town Council, Social Enterprise/CIC, and Voluntary/Community Group



Covid-19 Local Resilience funding

Large grants of up to £10,000 to support Covid-19 response activities are available from the <u>Covid-19 Local Resilience Fund</u>. It is expected that funded action will be meeting immediate needs, and therefore able to begin quickly upon receipt of a grant. It is anticipated that funded activity will complete within 3-6 months following award.

Through continued work with the Local Resilience Forum to identify urgent and emerging needs as a result of Covid-19, priority will be given to action in the following areas:

Food poverty – many more people are facing poverty as a result of reduced income and job losses due to Covid-19, increasing demand for crisis food aid.

Legal/ financial advice – access to specialist financial/ legal advice for those in crisis due to loss of income, unemployment, debt and/ or change in family circumstances during the pandemic.

Abuse/ violence in the home – demand for support is expected to increase as lockdown restrictions ease and people are more readily able to access help.

Vulnerable people in isolation – care and support for vulnerable people who continue to struggle in isolation due to disability, serious health condition or special needs.

Mental health – lockdown restrictions have impacted profoundly on the mental wellbeing of many, particularly those who have been cut off from their vital support and care networks.

Digital exclusion – overcoming barriers to accessing digital support/ social services, and exploring non-digital alternatives to avoid the exclusion of those without the equipment or skills to connect with help online.

Who can apply?

Charity, Church/PCC, Parish/Town Council, Social Enterprise/CIC, and Voluntary/Community Group