

BROADLAND & NORTH LOCALITY – COMMUNITY FOCUS MONTHLY BULLETIN

Date: 10.7.2020

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- Charity Survival Fund
- Nationwide Community Grants

Please email:

Community Focus North and Broadland cs.cfoteam.nandb@norfolk.gov.uk if:

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- **you wish to be removed from the distribution list**
- **you have any items which you would like to be included in the bulletin**
- **you need any other help or information**

The information provided in our bulletins is sent to us from various sources. We try to ensure the information is correct at the time of publication but there may be some inadvertent errors. Publication in our bulletin does not necessarily constitute an endorsement of a service / organisation and we would advise you to take reasonable steps to check the services offered and organisation prior to using them – especially if you are referring children, young people and vulnerable adults to a service. Norfolk County Council cannot accept any liability for any services provided by a third party.

EVENTS

Discover Creativity

Creative writing

Although we cannot tour Mole and Gecko – The Show in Norfolk Libraries this month as planned you can join in games, poems and raps with Simon Mole, poet.

[How to write a poem in 10 minutes](#) - fun interactive poetry tutorial for kids

This writing exercise helps young poets quickly generate ideas. By answering a series of simple questions children (or adults!) can write a poem using their favourite word.

Simon is also running weekly live poetry workshops on zoom, which are free to attend. 10am Tuesdays for 5-8-year olds, 11 am 8-11-year olds. Sign up via [Simon Mole's website](#).

RESOURCES

Activities for families

The Norfolk Community Directory has collated lots of activities for children and all the family

<https://www.norfolk.gov.uk/children-and-families/families-with-6-11-year-olds>

Here are some examples:

- **Take on an engineering challenge**

The [James Dyson Foundation](#) has created a series of challenge cards for children, based on science and engineering tasks.

- **General play activities**

The [Real Play Coalition](#) lists hundreds of activities for children to try, including games, craft, sports and more.

- **Get cooking**

[CBeebies' All My World Kitchen](#) has recipes from many different countries to try. Two of the recipes are from Norfolk children. They are [Esmae's Norfolk fish with sweet potato wedges](#) and [Iaia's Guinea-Bissauan kansiyé](#).

“Communicating across the generations

Silver Stories

Children (known as *Silver Readers*) telephone a *Silver Listener* and then read a short story or poem to them.

This not only helps the children to become more confident in their reading skills but also links our children to the elderly community and helps diminish their chances of feeling isolated.

[Learn more](#)

[Schools info](#)

Calling all readers!

Schools and parents can get involved in Silver Stories. We will provide you with all of the information and guidance to get started. Children who become Silver Readers can become more enthusiastic about reading and the benefits it can bring our communities.



SILVER STORIES

Silver Stories was created by David Carney-Haworth OBE and his wife, Elisabeth Carney-Haworth OBE. David is a retired Police Sergeant. Elisabeth is a primary school Head Teacher with over 40 years' experience.

They created Silver Stories in 2015 in response to their knowledge about the loneliness that can be felt by the elderly in the community and their often separation from the younger generation.

Having both witnessed first-hand how magical the relationship between the generations can be, they wanted to create a way in which this could be fostered whilst also benefiting the participating children. So, from these desires Silver Stories was born.

Our trustees

Dame Esther Rantzen

Richard March – Retired Headteacher

Paul Smythe – Manager Community Library

Dr Emma Corrigan – Child Psychologist

David Carney-Haworth OBE

Elisabeth Carney-Haworth OBE”

<http://silverstories.co.uk/>



[Norfolk Community Advice Network](#) is a partnership of social welfare advice charities and statutory organisations working together to ensure access to services that benefit the health and wellbeing of the Norfolk Community. NCAN's partnership and collaborative approach keeps Norfolk connected and facilitates member organisations to help their service-users access a wide range of advice and support across the following areas:

- ▶ Consumer Rights
- ▶ Debt & Money
- ▶ Discrimination
- ▶ Domestic Abuse
- ▶ Employment
- ▶ Family & Relationship Issues
- ▶ Healthcare (legal rights)
- ▶ Housing
- ▶ Immigration
- ▶ Welfare Benefits

Led by charities who hold the Advice Quality Standard mark and covering all these issues above, the network of 90+ organisations use NCAN's Referral System to streamline collaboration and connect advisors and their services in order to deliver support to service-users securely, simply and holistically. NCAN aims to improve access to **free, high-quality** social welfare advice, from information and signposting to casework and representation. (Read more about these levels [here](#)).

You can view NCAN's Directory [here](#) listing all the organisations you are able to refer to—with more being added regularly.



Welcome back to the Library!



**Please wait to be called forward by a member of staff
We will serve you as soon as we can**

Library members only – please have your card ready or join the library inside or online



We may ask for details from you to help with Test and Trace

Don't forget – if you are feeling unwell or have an unwell family member at home, you should stay home

**If you are returning items only and don't need to go in:
Please use the drop box**

If you have booked a computer:

Come to the front of the queue and tell us what time

If you want to use a computer but have not booked:

Please wait in line. Sessions are 60 minutes

If you need longer please speak to staff



To keep everyone safe

Only 2 people can come in together at one time (including children)

Use hand sanitiser on your way in and on the way out

**If you use the self-service kiosk for returns,
please put items in the returns bin at the side**



**While there is no limit on browsing time, please be
mindful of others in the one-way system and allow them
to pass at a safe distance should they wish to get past**

Sorry - there are no newspapers, magazines or seats in the library and the toilet is not available. **We won't be able to help customers with computer questions**

Minimise the number of things you touch during your visit

**Lifts are available only for those customers who need to
use them and normally only one person in the lift at a time**

**When you leave the library please borrow your items
using the self-service kiosk. Film and music items are in the
cases and all payments should be made at the self-service kiosks**





In the first phase there will be a total of 12 sites reopening, with the rest to follow in the coming weeks and months.

- Norfolk and Norwich Millennium Library: Opening hours for the ground floor only are Monday to Friday, 10am to 6pm, Saturday 9am to 5pm, Sunday closed. The Children's Library and Norfolk Heritage Centre are closed and the American Library remains closed for refurbishment.
- King's Lynn Library: open Monday to Friday, 10am to 6pm, Saturday 10am to 4pm, Sunday closed.
- Fakenham Library: open Monday and Tuesday 10am to 6pm, closed Wednesday. Open Thursday 10am to 6pm, Friday 2pm to 6pm, Saturday 10am to 4pm. Sunday closed.
- Great Yarmouth Library: open Monday to Friday 10am to 6pm, Saturday 10am to 4pm, Sunday closed.
- Wymondham Library: open Monday to Friday 10am to 6pm, Saturday 10am to 4pm, Sunday closed.
- Diss Library: open Monday 10am to 6pm, Tuesday closed. Open Wednesday to Friday 10am to 6pm, Saturday 10am to 4pm, Sunday closed.
- Dereham Library: open Monday to Friday 9.30am to 6pm, Saturday 9.30am to 4pm, Sunday closed.
- Thetford Library: open Monday to Friday 10am to 6pm, Saturday 10am to 4pm, Sunday closed.

- Mile Cross Library: opening hours are Tuesday 2pm to 6pm, Wednesday 10am to 6pm, Thursday 2pm to 6pm, Friday 10am to 6pm, Saturday 10am to 4pm. Closed Sunday and Monday.
- Downham Market Library: open Tuesday to Friday 10am to 6pm, Saturday 1pm to 4pm. Closed Sunday and Monday.
- Acle Library: open Tuesday 10am to 6pm, Wednesday closed. Open Thursday 10am to 6pm, Friday 2pm to 6pm and Saturday 1pm to 4pm. Closed Sunday and Monday.
- Sprowston Library: open Tuesday and Wednesday 10am to 6pm, Thursday 2pm to 6pm, Friday 10am to 6pm, Saturday 10am to 4pm. Closed Sunday and Monday.

Webinar: Good health - people with learning disabilities & Covid-19 guidance



This free webinar will focus on how support services can help people with learning disabilities stay healthy, including having an annual health check, despite current restrictions.

Resources that can support people, their families and paid supporters to understand and use an annual health check will be shared, and their practical use explored.

The webinar takes place on 21st July from 3-4pm and will be led by Skills for Care and Learning Disability England.

The webinar is open to anyone with an interest in supporting people to get an annual health check but it will be especially useful to managers in provider organisations.

[Book here](#)

TRAINING



Nelson's Journey is offering free one-hour Covid-19 Child Bereavement Awareness Training online to those working with children and young people in Norfolk. Sessions are running on Tuesdays, Thursdays and Fridays at 10.30 throughout July, and there are some places available from 16 July onwards.

Attendees will: recognise a range of experiences related to loss and bereavement and how to support children and young people; increase their awareness of issues faced by children and young people experiencing bereavement and how COVID-19 may impact; gain confidence in working with bereaved children, young people; identify resources and organisations available to support bereaved families.

Book here: <https://njcovid19training.eventbrite.co.uk/>

Many thanks, Simon

Simon Wright
Chief Executive
Nelson's Journey

Get Started with Game Design programme: 3rd - 7th August 2020

- Gain skills in games design, programming and digital technology
- Learn about coding, get creative and meet new people
- Improve your teamwork, communication skills and confidence
- Design your own platform video game
- Doesn't affect your benefits and up to 3 months mentoring support

Are you working with any young people aged 16-25yrs, who are not in full-time employment or education and who might be interested in this online Princes Trust course?

If you do, then please contact Chris Laing, Essex Operations Manager (details below) as he will need the young person's email address to send them more information and an invite!

E: Chris.Laing@princes-trust.org.uk

Direct Line 01268 568595

Mobile 07717 536790



Prince's Trust East of England program

Attached is our programme newsletter for July 2020 – Please feel free to share this with colleagues and directly with young people.

Don't forget, as we are now in a digital world, you will notice all programmes no longer have dates attached to them. This is because we will look to repeat all of the themes regularly and will create a tracker to register the interest on new YP. Each time a new programme begins, we will work through the tracker in order of the dates young people submitted their interest.

Warm regards,

Peter Hennessey | Prince's Trust Executive | The Prince's Trust | Open Youth Venue, 20 Bank Plain, Norwich - NR2 4SF | Tel: 01603 306 912 | Exn: 5156 | M: 07946 559 335



GET INTO DIGITAL COMMUNICATION

START
SOMETHING

Programme: Monday 20th July - Thursday 31st July 2020

Location: Online

Interviews: Phone interviews for all enquiries

Are you aged 18-30? Not in education, employment or training?

The Prince's Trust, in partnership with WuWo Media, are offering a FREE online employment course, which gives you a fantastic opportunity to learn new skills within the Digital Communication industry. You can expect the following:

- Learn important industry skills in Digital Communication
- Create and lead on a real 'social project'
- Take a look at; digital publishing, journalism, photography, editing and website management
- Improve your teamwork, communication skills and confidence
- Self-employment support and advice available at the end of the programme
- Doesn't affect your benefits and up to 6 months mentoring support!

LIMITED PLACES AVAILABLE

Register your interest today, email
Chris.Laing@princes-trust.org.uk



Prince's Trust

FREE Family Learning Sessions

Adult Learning are offering free family learning sessions throughout the school holidays. We are holding one off sessions (see dates below) and they are bookable online at <https://www.norfolk.gov.uk/familylearning> with the exception of our Family Learning Cafés which will run on ZOOM. For further information about our summer sessions and joining the Family Learning Cafes on Zoom please contact family.learning@norfolk.gov.uk or CLDO@norfolk.gov.uk

Back to School Online – for families with children returning to primary school in September 2020.

Ready For School Online – for families with children starting school in September 2020.

Family Fun in the Sun – a one off session with fun activities for families with children under 12 years.

Family Learning Cafés - an opportunity to meet other families (with children under 12), take part in a hands on activity and to discover more about our free and fun courses.

Course	Day of Week	Start Date	Number of weeks	Start Time	End Time
Back to School Online	Monday	20/07/2020	1	10:00	11:30
Family Learning Café	Monday	20/07/2020	1	14:00	14:40
Family Fun In The Sun Online	Thursday	23/07/2020	1	10:00	11:30
Ready For School Online	Monday	27/07/2020	1	13:00	14:30
Back to School Online	Thursday	30/07/2020	1	13:00	14:30
Family Fun In The Sun Online	Thursday	30/07/2020	1	13:00	14:30
Family Learning Café	Thursday	30/07/2020	1	10:30	11:10
Family Learning Café	Monday	03/08/2020	1	10:30	11:10
Ready For School Online	Thursday	06/08/2020	1	13:00	14:30
Back to School Online	Thursday	06/08/2020	1	13:00	14:30
Family Fun In The Sun Online	Thursday	06/08/2020	1	10:00	11:30
Ready For School Online	Monday	10/08/2020	1	13:00	14:30
Back to School Online	Monday	10/08/2020	1	13:00	14:30
Family Fun In The Sun Online	Thursday	13/08/2020	1	10:00	11:30
Family Learning Café	Thursday	13/08/2020	1	14:00	14:40
Family Fun In The Sun Online	Thursday	20/08/2020	1	13:00	14:30
Family Learning Café	Thursday	20/08/2020	1	10:30	11:10
Ready For School Online	Thursday	20/08/2020	1	10:00	11:30
Back to School Online	Thursday	20/08/2020	1	13:00	14:30
Ready For School Online	Thursday	27/08/2020	1	13:00	14:30
Back to School Online	Thursday	27/08/2020	1	13:00	14:30
Family Fun In The Sun Online	Thursday	27/08/2020	1	10:00	11:30



Learning for Communities



Coffee and Chat

At these FREE sessions you will have a chance to chat and find out what online courses are available from Adult Learning. Along with a short taster of a different course each session.

Sessions will run on Mondays, Wednesdays and Fridays

10.30 – 11.30 am using Zoom

Access here: <https://zoom.us/join> using code: 553 027 2723 and password 150420

13/07/20 – ‘Intro to Powerpoint’ with Nigel Williamson

15/07/20 – ‘Making hummus’ cooking with Julieanne Tennant

17/07/20 – ‘Mindfulness’ with Celia Sheldrake

For more information on all our courses visit our website:

<https://www.norfolk.gov.uk/education-and-learning/adult-learning> or email

CLDO@norfolk.gov.uk



 Learning
for Communities



Start Your Own Business

If you are looking to start up your own business or even just have a business idea, why not join us on our business start up course? During the course you will cover topics such as:

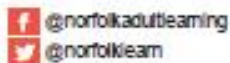
- Identify and evaluate if your business idea is lucrative?
- How to write an effective business plan
- How and where to Market and promote your business
- Gain useful tips on small business legal requirements

Wednesday 22nd June to Wednesday 12th August 10am to 12pm

Online for 4 weeks

To book this course please visit

www.norfolk.gov.uk/education-and-learning/adult-learning





Learning for Communities



An Introduction to Marketing

You will learn;

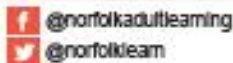
- Marketing platforms
- How to promote your business effectively using Social Media
- Website development
- YouTube for Business
- Verifying your business
- Using Google and verifying your business

Friday 3rd July 2020 10:00 to 12:00

Online for 6 weeks FREE

for more information contact - CLDO@norfolk.gov.uk

Book online - www.norfolk.gov.uk/education-and-learning/adult-learning





Learning for Communities



An Introduction to Websites

Websites and Social Media are essential marketing platforms that enable you to promote your business on-line. Using Word Press during the course you will learn:

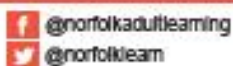
- how to download and use Word Press
- how to create a website to meet your individual business needs
- how to market your business

Word Press is a free platform and is used by many organisations and businesses

Friday 3rd September to 24th September 15:30 - 17:30 FREE Online Course

For more information contact - CLDO@norfolk.gov.uk

Book online - www.norfolk.gov.uk/education-and-learning/adult-learning



DIRECTORY

Promoting activities for families



Do you run a local community group for families, or do you know someone who does?

Did you know you can use the Norfolk Community Directory to promote your services and activities and help get more people involved?

If you provide services, activities and/or events for Norfolk families with children aged 0-5, you can register for an online account that enables you to promote your service on the Norfolk Community Directory. Once set up, you can add new services and return to your account to keep your listings up to date. Click <https://communitydirectory.norfolk.gov.uk/Information/add-your-service> to find out more.

If your service is for families with children aged 0-5, please could you put '0-5 Community offer' in the notes.

SUPPORT SERVICES



DA & SV board
update.pdf

Domestic Abuse and Sexual Violence Board 3rd April 2020

Support during Covid-19

The Coronavirus can disproportionately impact on those who already face many challenges in the home, which can be even more frightening during self-isolation with an abuser. However, we are keen for victims to know there is someone there to help.



Free virtual activity programme for 0-4s in Norfolk



The Early Childhood & Family Service (ECFS) is still running, offering extra help to families who need it. Right now, due to Covid-19, we're providing a programme of virtual activities and groups that are available to families with children aged 0-4 years.



Activity Programme



New videos at facebook.com/EarlyChildhoodFamilyService
First view on the day/time shown or watch anytime later



Baby Days Bitesize Information and ideas for activities, suitable from birth, which will help encourage your baby's brain development and strengthen your bond.	Monday	1.30
Toddler Days Inspiration for fun, learning activities your toddler will love.	Tuesday	11.00
Wiggle Wednesday Activities, songs and stories based around the much-loved children's book, The Very Hungry Caterpillar, to celebrate Action for Children's Giant Wiggle 2020 .	Wednesday	1.30
Outdoor Explorers Videos and simple activities to help you encourage your child's enjoyment and understanding of their natural world.	Thursday	11.00

Live Online Groups



Baby Days Live Online

Six weeks of free online sessions for babies with their parents/carers. Each session will have a new learning activity to try out with your baby, plus an opportunity to meet other parents and talk to knowledgeable staff.

Sessions take place online via Microsoft Teams. You only need an internet connection and a smartphone, tablet or computer to join.

Courses running regularly

Check dates and book at tinyurl.com/ECFSevents



New videos at facebook.com/NorfolkLibrariesForFamilies
First view on the day/time shown or watch anytime later



Live Stream Storytime <small>(only available to a chosen user group)</small>	Monday 12.00	Wednesday 12.00	Friday 12.00
Bounce & Rhyme	Tuesday 10.00	Also available on YouTube	
School Readiness	Friday 9.30	Also available on YouTube	

Family Learning Online



Free, interactive 'Come and Try' sessions and online courses for families with 0-4 year olds.

Book at norfolk.gov.uk/education-and-learning/adult-learning/courses/family-learning-courses

Sessions/courses available online include:

- Bring a Story Alive (0-7 yr olds)
- Food Explorers (Happy Tums)
- Let's Explore Together (0-2 yr olds)
- Nature Explorers (0-7 yr olds)
- Ready for School (for those starting school Sept 2020)

Need extra help or someone to talk to?

We are here to help with things like:

- Bonding with your child
- Speech and language development
- Parenting challenges
- Mental wellbeing
- Healthy relationships

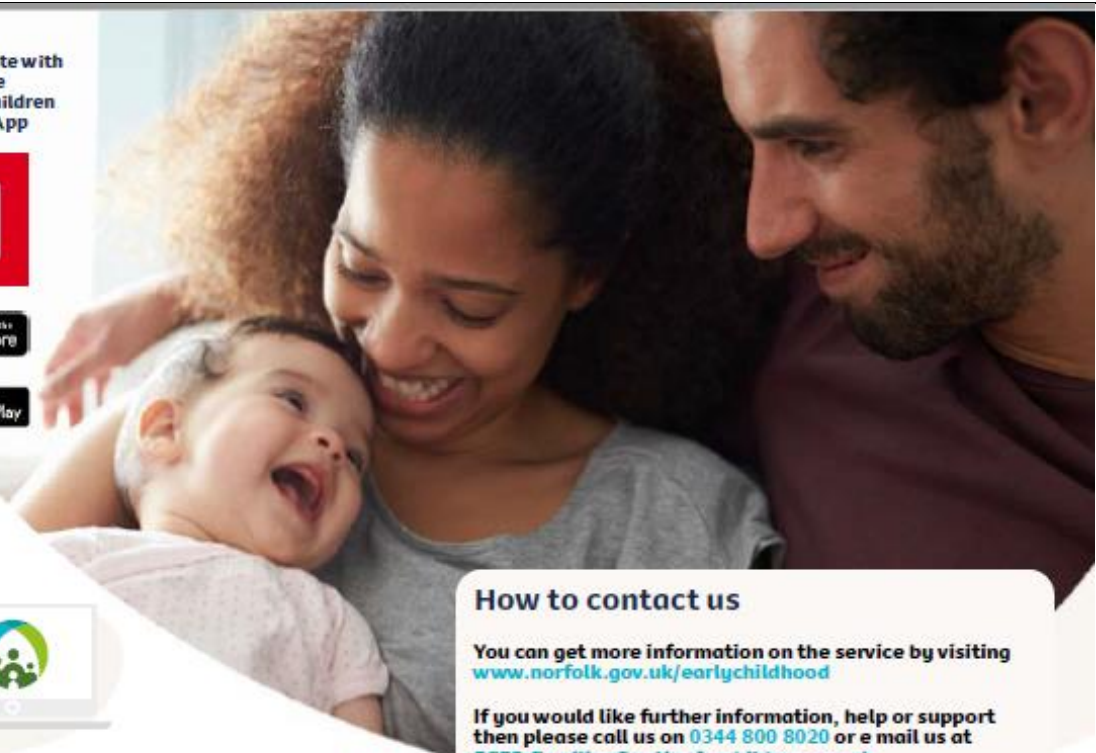


Please contact us and one of our team will be in touch.

Online form: www.tinyurl.com/ECFSHelp
Email: ecfs-families@actionforchildren.org.uk

0344 800 8020 | www.norfolk.gov.uk/earlychildhood | ecfs-families@actionforchildren.org.uk

Keep up to date with the free Action for Children Services App



How to contact us

You can get more information on the service by visiting www.norfolk.gov.uk/earlychildhood

If you would like further information, help or support then please call us on 0344 800 8020 or e mail us at ECFS-Families@actionforchildren.org.uk



Any updates on services or groups can be found by visiting our Facebook pages. Search for **Early Childhood and Family Service**



See our video on [YouTube](#) to find out more

Courses offered by the Early Childhood and Family Service



Our courses are being run via video call on Microsoft Teams, or one-to-one by telephone, wherever possible. Where this is not possible we can add you to our waiting list and support you while you wait for face-to-face courses to start again.

Solihull Parenting Course

A 10 week course to help you learn more about your child's development and behaviour. What is their behaviour telling you?

Baby Massage

A 5 week course for introducing massage strokes. This can help with colic and support you and your baby to feel more relaxed, whilst strengthening your bond.

Freedom Course

A 10 week course for women who would like to look at healthy relationships and to have a safe environment to be able to discuss and understand previous and current relationships.

Triple P

An 8 week course that offers support, information and practical answers to everyday parenting concerns.

Circle of Security

An 8 week course based on supporting and strengthening the attachment between you and your child.

Our partners



[Home-Start Norfolk](#), [PlauVan](#) and the [community offer in your local area](#) are also part of the Early Childhood & Family Service and are available to support you and your family.

Useful contacts

Just One Norfolk (Health Visiting Team)	0300 300 0123
Leeway (Domestic Abuse Support)	0300 561 0077
Norfolk & Waveney Wellbeing Service (Mental health support)	0300 123 1503
Home Start Norfolk	01603 977040
Speech & Language Advice Line (ECCH)	01502 719830
National Breastfeeding Helpline	0300 100 0212
Norfolk SEND Partnership	01603 704070
Norfolk Police (non-emergency)	111
CGL (Alcohol & drug behaviour change service)	01603 514096
Citizens Advice Bureau	03444 111 444
Shelter (Help with housing & homelessness)	0808 800 4444
Job Centre	gov.uk/contact-jobcentre-plus
Mens Advice Line (for men in abusive relationships)	0808 8010327

If you are worried a child is at risk please call [Norfolk County Council Children's Services](#) on

0344 800 8020

0344 800 8020 | www.norfolk.gov.uk/earlychildhood | ecfs-families@actionforchildren.org.uk

Norwich Foodbank releases video about its work

Norwich Foodbank has published a new Welcome video online to help people understand what it does and how they can support it.

Norwich Foodbank has made over 2,00 delivers to families in food crisis during lockdown and in 2020 is celebrating ten years since it was launched.

[More ...](#)



NHS

If you have insulin-treated diabetes, need immediate clinical advice and can't access your usual care team, the NHS Diabetes Advice helpline is here to help.

0345 123 2399

The helpline is open Monday to Friday from 9am to 6pm.

DIABETES UK
KNOW DIABETES. FIGHT DIABETES.



St Giles

SOS+ Programme

St Giles aims to break the cycle of prison, crime and disadvantage to create safer communities by supporting people to change their lives.

We use expertise and lived experiences to empower people who are not getting the help they need, who are hard to engage because they have been repeatedly failed – held back by poverty, exploited, abused, dealing with mental health problems, caught up in crime or a combination of these issues.

We train 'Peer Advisors' to become qualified in Level 3 Information, Advice and Guidance.

They use this qualification and their lived experience to inspire and support people facing similar situations. Being helped by someone who has 'been there' is powerful and underpins all our projects.

SOS+ SERVICE

St Giles' SOS+ Service delivers early intervention work in educational and community settings, through preventative sessions on violence, vulnerability and exploitation. Our award-winning approach uses trained professionals with lived experience of the criminal justice system to de-glamorise gang involvement and expose the harsh realities of crime and violence.

SOS+ delivers educational sessions that tackle the issues of county lines drug smuggling, gangs, and knife crime to young people who are vulnerable and at risk of exploitation, alongside providing training and awareness sessions on these topics to parents, teachers and other professionals.

SOS+ PROJECT AIMS

- Prevent young people becoming involved in serious youth violence and criminal

activity by demystifying gang culture and educating them about the harsh realities of knife crime and prison life;

- Impart real tools that young people can utilise to make better informed decisions and to avoid negative lifestyle choices;
- Endorse the benefits of education;
- Equip parents and professionals with the knowledge, understanding and tools to help safeguard their young people.

OUR WORK HAS THREE THEMES:

Building safety: most clients cannot focus on longer-term aspirations until they feel safe and secure. Our staff support clients to immediately address these needs.

Building aspirations: We support clients to build up the skills, confidence and resilience needed to create and to re-engage with education, training and employment.

Building connections: All our clients experience social isolation. We support them to develop the tools to become create positive relationships within their community.

SOS+ webinars -
click to open

All webinars are 90 minutes long including a Q&A session

02 July 2020 11am

09 July 2020 11am

02 July 2020 1:30pm

09 July 2020 1:30pm

03 July 2020 11am

10 July 2020 11am

03 July 2020 1:30pm

10 July 2020 1:30pm

St Giles

Turning a past into a future

St Giles is a registered charity No 801355.
St Giles Head office, 64-68 Camberwell Church St, London, SE5 8JB.
www.stgilestrust.org.uk © St Giles Trust 2020



St Giles

SOS+ Programme

Turning a past into a future



SOS+ COUNTY LINES PROFESSIONALS' TRAINING

Live webinars for Norfolk professionals working with young people involved with, or at risk of, county lines.

Professionals' session

Our Gangs & County Lines Professionals' Session consists of speakers utilising their lived experience within the criminal justice system to unpack and explore the realities and consequences of county lines drug smuggling, gang involvement, criminal exploitation and serious youth violence.

Perspectives from previous perpetrators and runners/transporters, combined with relevant case studies, aid audiences in gaining an authentic and credible understanding of this complex and cross-cutting issue.

The training has been delivered to a range of professionals working with at-risk young people across England and Wales.

SOS+ professionals' session learning outcomes:

- Define the term county lines;
- Outline the operational procedures involved in setting up a county line;
- Explain the methods used to groom, recruit and exploit young people;
- Have an awareness of the push and pull factors that contribute to a young person becoming vulnerable and susceptible to county lines involvement;
- Recognise key signs and indicators that young people are being exploited or at risk of county lines involvement;
- Describe the relationship between county lines and other forms of criminal activity and exploitation (i.e. serious violence, human trafficking, debt bondage, modern slavery and child sexual exploitation);
- Understand the perspective of either a survivor or perpetrator after hearing from an expert witness, including a brief overview of how girls are used;
- Develop initial long-term and solution-based approaches to prevent and reduce the risks associated with each stage of the county lines process, inc. realistic exit strategies.

CONTACT SOS+

Bookings and enquiries
E: sosplusadmin@stgilestrust.org.uk
T: 020 7708 8047

All other information
Vicky Sewell
Regional Contract Manager
E: Vicky.Sewell@stgilestrust.org.uk
M: 07770 012 443

VACANCIES



Peer Support Workers

Salary: £17,925 to £18,372 (pro-rata for part time positions)

Full Time and Part Time positions available

Locations: Wymondham, Kings Lynn or Great Yarmouth

The Organisation – The roles will be based at the Wellbeing Norfolk and Waveney Wellbeing Service. We work hard to help people recover from ill mental health and develop resilience for the future. We provide services which make a real difference to people's lives. We are a wonderful employer: flexible and supportive. We provide excellent supervision and a good training package.

The Partnership – The Norfolk & Suffolk Mental Health Foundation Trust work in partnership with Norfolk and Waveney Mind to deliver a range of services within the provision of the Norfolk and Waveney Wellbeing Service. The service helps people with mild to moderate mental health problems such as anxiety and depression. Services will be provided across Norfolk and Waveney locations for people aged 16 and over.

The Role - The role will be based in one of the Norfolk and Waveney Wellbeing sites in Wymondham, Kings Lynn or Great Yarmouth, but will require travelling to locations in the surrounding areas to meet clients. As such, you will need a driving licence and access to a vehicle. The successful candidates will be required to encourage and empower those accessing the Wellbeing Service to personalise and take control of their recovery and to give them hope of recovery by providing insight and support.

Lived experience of mental health issues is essential and experience of working in a mental health setting is advantageous. In the interview we will ask you to speak about your experience of mental health issues and recovery but will provide more information closer to the time if you are selected for interview. The successful applicant will be provided with full training. **If you think you can use your own experience of recovery to improve the recovery of others then we would love to hear from you!**

Please click on the following link for further information and details of how to apply:

<https://norfolkandwaveneymind.peoplehr.net/Pages/JobBoard/Opening.aspx?v=f8ba6e98-c051-4335-aa77-47c1c145dadd>

Closing date: 26th July 2020

Interview Date: To be confirmed

SURVEY/FEEDBACK

Transport in North Norfolk

Young people in North Norfolk have said that access to reliable, affordable, and sustainable transport is a key issue for them and their communities – particularly as they live, work, and study in a rural district.

North Norfolk YAB are keen to hear from young people about their experiences of public transport in North Norfolk. Please share the [this survey](#) with anyone who may be interested in contributing



Photo by North Norfolk Young Commissioner Ryan

FUNDING

[How to apply](#)[Eligibility](#)[Contact us](#)

Norfolk
Community
Foundation

Covid-19 update

Covid-19 Local Resilience Fund | Anglian Water Positive Difference Fund

Funding Norfolk's charities to take action

Covid-19 response grants available from £1,000 - 10,000:

Norfolk Community Foundation is working with a range of local and national partners to make available funding for Norfolk charities facing exceptional demands on their services due to Covid-19, and working hard to support vulnerable people in the community.

Please read the full guidance for each Fund on our website before applying. Grants will be awarded on a rolling basis while the Funds are open – we expect demand for funding to be high, and each fund will be closed when fully spent.

It is expected that one application will be accepted per organisation, unless the organisation is involved in multiple, distinct activities that meet Fund priorities.

Covid-19 Local Resilience Fund

Through continued work with the Local Resilience Forum to identify urgent and emerging needs as a result of Covid-19, priority will be given to action in the following areas:

- Food poverty
- Legal/ financial advice
- Abuse/ violence in the home
- Vulnerable people in isolation
- Mental health
- Digital exclusion



Grants of up to **£10,000** are available to support projects that clearly meet one or more of the above priorities. Larger grants of up to £25,000 may be considered for exceptional projects bringing together multiple partner organisations in a strategic response programme to deliver significant targeted impact and/ or broad geographical reach. **Find out more and apply online at**

www.norfolkfoundation.com/funding-support/grants/groups/covid-19-local-resilience-fund/

Anglian Water Positive Difference Fund - Covid-19 Response

Grants of between **£1,000 and £5,000** are available to provide charitable organisations with funding to deal with emerging issues in the community, as a result of the continuing threat of coronavirus. This will include; the need for self-isolation, financial hardship, potential for hunger, lack of shelter, further exacerbation of health issues, loneliness and isolation. **Find out more and apply online at**

www.norfolkfoundation.com/funding-support/grants/groups/anglian-water-positive-difference-fund/

Norfolk Community Foundation funds also open now:

- **Freebridge Community Housing Fund** - Grants up to £1,000, King's Lynn & West Norfolk, deadline 3 July.
[Find out more and apply](#)
- **New Endeavour Rangers Fund** - Grants up to £2,000, Great Yarmouth, rolling.
[Find out more and apply](#)
- **Villages Windfarm Community Fund** - Grants up to £5,000, parishes of Westhall, Holton and Sotherton, rolling. [Find out more and apply](#)
- **Weston Windfarm Community Fund** - Grants up to £5,000, parishes of Weston Longville, Morton on the Hill, Attlebridge and Hockering, rolling. [Find out more and apply](#)

Getting in touch

The NCF team are working remotely, so please direct grants enquiries to grants@norfolkfoundation.com if you can, to help us respond quickly.

“Charity Survival Fund

The Charity Survival Fund has been set up in response to Julia and Hans’ ongoing concern about Covid-19’s economic impact on charities. This £10m Fund will provide core funding to help charities, especially small and medium sized, to offset lost income in the current financial year.

Who can apply

The fund is open to UK registered charities that:

- Have a beneficial area within the UK
- Actively operate across one of the three areas prioritised by The Julia and Hans Rausing Trust: Health and Wellbeing, Welfare and Education, Arts and Culture
- Have annual income below £5m
- Have lost (or are forecast to lose) income due to Covid-19
- Have not already received Covid-19 related funding from The Julia and Hans Rausing Trust

Grant sizes

Charities may apply for grants up to the maximum threshold indicated in the table, depending on their annual income.

ANNUAL INCOME	MAXIMUM GRANT
Up to £20,000	£5,000
£20,001 - £100,000	£10,000
£100,001 - £250,000	£50,000
£250,001 - £500,000	£100,000
£500,001 - £5,000,000	£250,000

How to apply

Read the [Guidance for Applicants](#) before you apply. This covers all the information we require in the online application. For more information see the [Frequently Asked Questions](#). Complete the online Application (by filling in the form and attaching a cover letter, case study, and budget and cashflow forecast).

The submission deadline is 5pm on Monday 27 July.

[Complete the Application](#) “

<https://www.juliahansrausingtrust.org/charity-survival-fund/>



“Everyone should have a place fit to call home

Yet with a shortage of new properties, outdated rental stock and a lack of support for the most vulnerable people in our communities, many end up in unsuitable, unsafe or unaffordable accommodation. It's a topic close to our heart. In fact helping people into homes is central to how and why we began 140 years ago, and it's the reason we launched our Community Grants programme: a chance for local organisations with great housing solutions to apply for grants of up to £50,000. Applications are shortlisted and then our regional Community Boards, made up of our members and colleagues, come together to award the grants.”

<https://www.nationwidecommunitygrants.co.uk/>