

# COMMUNITY FOCUS North and Broadland WEEKLY BULLETIN

Date: 3<sup>rd</sup> April 2020

Due to the current situation with the Corona Virus Pandemic we are sharing some information which you might find helpful.

If you would like to update us on your own organisation, current operating capacity, contingency plans for your service users or any other information then please do contact us at:-

[cs.cfoteam.nandb@norfolk.gov.uk](mailto:cs.cfoteam.nandb@norfolk.gov.uk)

## EARLY HELP HUB

The Collaboration Meetings at the Early Help Hub in Broadland District Council and Cromer District Council are cancelled until further notice.

Contact details if you need any support or advice:

### **North Norfolk:**

**Telephone:** 01263 513811

**Website:** <https://www.north-norfolk.gov.uk/contact-us/>

### **Broadland:**

**Website:** There is an online form at:

<https://www.broadland.gov.uk/broadlandhelphub>

**Telephone:** 01508 533933

This bulletin has 4 main subsections:

- Advice and Guidance
- Support Services
- Finance / Funding / Grants
- Volunteering

## **ADVICE AND GUIDANCE**

### **Community Response Offer**

There is a community hub in each of Norfolk's seven districts which are working with the voluntary sector at a local level to ensure that residents can access community support detailed in the diagram below.



If you feel that someone you are working with needs the support on offer the contact details of the community hubs are listed below:

**South Norfolk & Broadland**  
[communities@s-norfolk.gov.uk](mailto:communities@s-norfolk.gov.uk)  
**01508 533933**

**North Norfolk**  
[nndccovid19@north-norfolk.gov.uk](mailto:nndccovid19@north-norfolk.gov.uk)  
**01263 516000**

District councils are co-ordinating food and medicine deliveries for those who are most vulnerable, including those with a serious health issue and those self-isolating who are unable to leave the house. Families have been asked to call our Customer Service Centre (CSC) on 0344 800 8020 or visit [www.norfolk.gov.uk/coronavirus](http://www.norfolk.gov.uk/coronavirus) if they need local support. If they need community support, the family's details will be passed to the relevant District Community hub.

## **Warning: Scam awareness**

Somebody claiming to be from **Public Health England** has rung a vulnerable elderly resident in Norfolk asking if they have their letter and have they help etc. The number 0333 050466 comes up on google in Chinese.

**Public Health England will not** be contacting people individually regarding the letter that has been sent out.

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### **Scam awareness:**

Below is a list of COVID-19 related scams compiled by Norfolk Trading Standards, you can sign up to receive scam alerts [here](#).

- Be aware of people offering miracle cures or vaccines for coronavirus – there is no specific treatment for coronavirus (COVID-19). Treatment aims to relieve the symptoms until you recover.
  - People impersonating healthcare workers, claiming to be offering 'home-testing' for coronavirus – this is a scam and these kits are not currently available to buy.
  - Emails saying that you can get a refund on taxes, utilities or similar are usually bogus and they are just after your personal and bank details.
  - There are lots of fake products available to buy online that say they can protect you or cure coronavirus. These will not help and are designed to take your money.
  - There are new mobile phone applications that claim to give you updates on the virus but instead, they lock your phone and demand a ransom.
  - Your bank or the police will never ask for your bank details over the phone.
  - People offering to do your shopping or collecting medication and asking for money upfront and then disappearing.
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## SUPPORT SERVICES

### Foodbanks – contact details

**Cromer and District:**

Tel: 07826 376343 (Monday to Friday 9am – 3pm)

Email: [info@cromerdistrict.foodbank.org.uk](mailto:info@cromerdistrict.foodbank.org.uk)

Website: [www.cromerdistrict.foodbank.org.uk](http://www.cromerdistrict.foodbank.org.uk)

**Mid Norfolk:**

Email: [info@midnorfolk.foodbank.org.uk](mailto:info@midnorfolk.foodbank.org.uk)

Website: <https://midnorfolk.foodbank.org.uk>

**Norwich:**

Email: [admin@norwich.foodbank.org.uk](mailto:admin@norwich.foodbank.org.uk)

Website: [www.norwichfoodbank.co.uk](http://www.norwichfoodbank.co.uk)

### **FOODBANKS – information on services**

	Location	Time	Info
<b>Monday</b>			
	AYLSHAM St Michael's Church The Market Place Aylsham NR11 6EH	9:30am- 11:00am	
	GORLESTON The Well, Gorleston Baptist Church, Lowestoft Road, Gorleston, NR31 6LY	9.30am- 12:00pm	Tel contact: 07786952306 Open for donations Mon & Thurs 9.00 – 11.30
	GREAT YARMOUTH Salvation Army, Tolhouse Street, Great Yarmouth, NR30 2SQ	9:30am- 11:30am	Tel contact: 01493 858069 Open for donations Mon & Fri 9.00 – 11.30
<b>Tuesday</b>			
	AYLSHAM Childrens Centre The Pavillion, Sir Williams Lane Aylsham Norfolk NR11 6AW	1:30pm- 3:00pm	
<b>Wednesday</b>			
	GORLESTON The Bridge, St Mary Magdalene Church, Magdalen Square, Gorleston, NR31 7BZ	9.30am- 11.30am	Tel contact: 07810 146853 Open for donations Mon to Fri 9am – 12 noon.

	NORTH WALSHAM Catholic Church of the Sacred Heart, Church Hall, Norwich Rd North Walsham. NR28 9JP	1:30pm- 3:00pm	
	SHERINGHAM Roman Catholic Church Hall 58 Cromer Road, Sheringham NR26 8RT	1:30pm- 3:00pm	
<b>Thursday</b>			
	CROMER Methodist Church Corner of West Street & Hall Road Cromer NR27 9DT	1:30pm- 3:00pm	
	FAKENHAM Salvation Army 16 Oak Street Fakenham NR21 9DY	11am-1pm	Parcel collection only no home deliveries
	GORLESTON The Well, Gorleston Baptist Church, Lowestoft Road, Gorleston, NR31 6LY	9:30am- 12:00pm	Tel contact: 07786952306 Open for donations Mon & Thurs 9.00 – 11.30
<b>Friday</b>			
	GORLESTON St Andrew's Church, Church Road, Gorleston, NR31 6LR	2:15pm– 3:30pm	Tel contact: 07901 898438
	GREAT YARMOUTH Salvation Army, Tolhouse Street, Great Yarmouth, NR30 2SQ	9:30am- 11:30am	Tel contact: 01493 858069 Open for donations Mon & Fri 9.00 – 11.30
	HOLT Holt Youth Project, Old Station Way, Holt, NR25 6DH	1:30pm- 3:00pm	
	STALHAM Stalham Baptist Church Stables High St, Stalham, NR12 9AZ	1:30pm- 3:00pm	
<b>Sunday</b>			
	GORLESTON St Andrew's Church, Church Road, Gorleston, NR31 6LR	2:15pm– 3:30pm	Tel contact: 07901 898438

### **Food banks – Important update on Services**

**Norwich Foodbanks are now delivering only, all of the collection centres are now closed.**

Vouchers should be issued as usual through the e-referral system and emailed to [admin@norwich.foodbank.org.uk](mailto:admin@norwich.foodbank.org.uk) to be added to the delivery schedule. 48-hours' notice may be required. Please limit emails to above only and don't send 'thanks' as it increases response times.

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Please remember that vouchers should **ONLY** be issued for people in crisis that would have been anyway, not just because of the virus and due to them self-isolating; for example, please do not refer anyone who cannot get to the shops or where shops have run out of products and / or people who have finances available.

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**Pop Up food bank – Sprowston -** St Cuthbert's church, Wroxham Road, Sprowston Norwich NR7 8TZ has been set up as a pop-up food bank, Tesco are delivering food there regularly.

If you know of anyone in and around Norwich who would benefit from some food (its free and no limit to what people can take) then please contact 01603 426492 (Vicarage Phone number) to arrange to come and collect food.

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**Thorpe Plant Centre** are delivering food parcels to vulnerable and isolated people. See their facebook page (Thorpe Plant Centre Norwich) to get in touch with them.

<https://www.facebook.com/ThorpePlantCentreNorwich1/>

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**Gateway Vineyard** (<https://gatewayvineyard.church/the-place/> ) are offering delivery of food parcels to vulnerable people (all free). To access this support, please message them via their facebook page <https://www.facebook.com/growkidsnorwich/> or email them at [growkids@gatewayvineyardnorwich.org.uk](mailto:growkids@gatewayvineyardnorwich.org.uk)

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Please also remember that there are also **Community Fridges** in some locations, but it would be a good idea to contact them before travelling to ensure that they are still open:

**North Walsham: Located at Café Kitale. It is open Monday – Friday 10m – 2pm.**

<https://www.facebook.com/pages/category/Community-Organization/North-Walsham-Community-Fridge-804113959940914/>

**Fakenham: Located at First Focus in Oak Street, Fakenham. <http://www.firstfocus.org.uk/>**

**Thorpe: Located at the Dussindale Centre. Telephone: 07717 362842**

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### **Mental Health Support**

Young Minds is the “UK’s leading charity fighting for children and young people’s mental health”. This website has lots of useful information resources, for example:

- What to do if you’re anxious about coronavirus
- Tips for coping with OCD during the coronavirus pandemic
- Looking after your mental health whilst self isolating

This includes:

Are you a young person in crisis?

Text the YoungMinds Crisis Messenger, for free 24/7 support across the UK if you are experiencing a mental health crisis.

- If you need urgent help text YM to 85258
- All texts are answered by trained volunteers, with support from experienced clinical supervisors
- Texts are free from EE, O2, Vodafone, 3, Virgin Mobile, BT Mobile, GiffGaff, Tesco Mobile and Telecom Plus.

<https://youngminds.org.uk/>

### **Early Childhood & Family Service (ECFS)**

In response to the Government’s advice about social distancing, we are reviewing the way we are delivering our services in a coordinated way with other providers. Currently we are planning to offer support and advice to families with by telephone, Skype, and other digital methods. For families in needs, we will continue to provide 1:1 support where our risk assessments indicate it is safe to do so.

Unfortunately, we are not able to provide our open access and targeted group services in the ECFS bases and outreach venues during this period, but we are looking at alternate ways of providing information digitally including video clips. At present, the ECFS bases will remain open but with minimal numbers of staff.

If families need support or if they are in financial hardship due to Coronavirus, please refer them to ECFS as normal or ask the family to visit our [website](#) and use the ‘Green Button’ to contact us, or email [ecfs-families@actionforchildren.org.uk](mailto:ecfs-families@actionforchildren.org.uk), or ring 0344 800 8020 to speak to one of our team.

### OPEN Norwich – Youth Services

**Regular live streams of activities from OPEN for young people – please do share with your contacts:**

Our youth team have organised and have started running online classes via the Zoom app which young people can sign up to, staff are doing live streams and are creating regular videos around wellbeing, climbing, dance, creative writing, arts and crafts as well as lots more to keep young people engaged.

During the Covid-19 crisis we are utilising social media on Instagram, Tiktok, Twitter and Facebook @OPENNorwich to engage more young people.

Our regular online schedule is as follows:

#### **Monday**

ZOOM Drop In session 3.30pm - 4.10pm

#### **Tuesday**

ZOOM Junior Dance Classes 4pm - 4.40pm

ZOOM Creative Writing 4pm - 4.40pm (coming soon)

#### **Wednesday**

ZOOM MAS Photography 4pm - 4.40pm

#### **Thursday**

Online Gaming 4pm - 4.40pm

#### **Friday**

ZOOM Senior Dance 4pm - 4.40pm

#### **Saturday**

ZOOM Drop In 1.30pm - 2.10pm

ZOOM Jam Music 3pm - 3.40pm

These classes and online sessions are for young people aged 11 -17. Our Junior Dance is for ages 7 - 11. The sessions are open to all young people whether they have participated in activities with OPEN before or are new to the organisation. If they are new then we will need a consent form completed by parent/guardian before young people start accessing sessions.

Young people can sign up to sessions by emailing [activities@opennorwich.org.uk](mailto:activities@opennorwich.org.uk) stating which session they would like to join.





# Educational resources for learning at home

<https://www.norfolk.gov.uk/education-and-learning/schools/educational-resources>

“We've hand-picked some fun and educational activities to help keep your child occupied if they are not at school and are learning from home.

These activities are designed to supplement - rather than replace - the learning that your child's school or setting will have provided.

These are mostly aimed at primary school children (key stage 1 for pupils aged 5-7 and key stage 2 for pupils aged 7-11). These are just a few examples of the kinds of activities you might like to try, rather than endorsements of specific providers.”

For 0-5 year-olds, please go to [Home learning activities](#).

## Explaining coronavirus to children

How to talk to children and young people about coronavirus

## Online safety

Making sure children stay safe online

## Subjects

Includes [Reading](#), [Maths](#) and [Science](#)

## Top tips for parents

Ideas about how to help children learn in a fun way at home

## Social media links

Ideas for links on Facebook and Instagram

## Activities and games

Includes [Games for indoors and outdoors](#), [Baking](#) and [Card games](#)

## Princes Trust

As the government has made the decision to close Schools and local services, except for those considered 'key workers', we wanted to say The Prince's Trust is opening its educational resources for all youth services that provide educational support to YP across Norfolk and Suffolk. The Prince's Trust offers a fully accredited Personal Development and Employability programme to 11-19-year olds, at levels Entry 3 to level 2.

We know the next few weeks or months may bring challenges within Schools to help engage YP with flexible education alternatives, so please feel free to access our resources for free.

**If your School, or youth service, has students looking to engage in our provision, we would just require a profile form to be completed and returned to us digitally.** Please contact [achieve@princes-trust.org.uk](mailto:achieve@princes-trust.org.uk) No School or learner is expected to complete the formal qualification; however this could be an option retrospectively if you were interested. If you are remaining open and looking for educational resources for your students, please feel free to contact me directly [peter.hennessey@princes-trust.org.uk](mailto:peter.hennessey@princes-trust.org.uk) and we will aim to provide you with access within 1 working day.

We have created some easy-to-follow WORD documents which can be emailed to learners for completing whilst at home or in school. This work can be completed online or printed off and completed by hand. Once completed, it can be emailed back to the teacher or The Prince's Trust for review. We have so far adapted 4 modules into this format:

- Interpersonal Skills
- Managing Money
- Personal Project
- Planning for Personal Development

NOTE: If a student completes any 2 of these units, they could be submitted for an accredited Level 1 Award from The Prince's Trust.

We will continue to convert more modules, but these seemed most appropriate whilst in isolation. We would encourage teachers and learners to use the internet and books to complete the work in. Let me know if you would like to start sending these to your learners and I will forward the modules to you.

### Norfolk Coronavirus Support Group has been set up by Community Action Norfolk:

This group has been created for those living in Norfolk to support those in isolation and need help or support.

[https://www.facebook.com/groups/221461955714083/?ref=pages\\_groups\\_card&source\\_id=318098768401280](https://www.facebook.com/groups/221461955714083/?ref=pages_groups_card&source_id=318098768401280)



## Information for Separated Parents

### Advice and Guidance for separated parents

Cafcass has put together the following guidance to support children and families as the situation surrounding COVID-19 develops. We will do everything we can to help you and make sure that our service continues to run as effectively as possible. This information will be regularly updated. If the information below does not answer your questions, please get in contact with us [here](#).

<https://www.cafcass.gov.uk/grown-ups/parents-and-carers/covid-19-guidance-for-children-and-families/>

### Coronavirus Information for Single Parents

We know many single parent families are worried about the impact of the coronavirus, also known as COVID-19, on their families. This page collects together information that is especially helpful to single parents.

<https://www.gingerbread.org.uk/coronavirus/>

You can also read:

- our [coronavirus FAQs page](#) for answers to common questions.
- the latest [government guidance](#).
- the latest [NHS advice](#).

For practical advice, you can contact our advisers on our [Single Parent Helpline](#). Our helpline will continue to operate as normal and information on the [opening hours is available here](#). Please understand we are receiving a lot of calls so it may take a long time to connect you.

## **Domestic Abuse Support Services**

**Dawn's New Horizon** are still supporting victims of domestic abuse, from the phone, emails, Facebook etc. They are doing food parcels to help people suffering from domestic abuse and families who have fled abuse.

Tel: **0844 884 3140** or Email: [dawnsnewhorizon@yahoo.com](mailto:dawnsnewhorizon@yahoo.com)

**Pandora:** (contact online) North Norfolk: <https://www.pandoraproject.org.uk/>

**Leeway:** Broadland. Tel: **0300 561 0077** or Email: [referrals@leewaynwa.org.uk](mailto:referrals@leewaynwa.org.uk)  
<https://www.leewaynsupport.org/>

## **Adult Support Services**

### **Alzheimer's Society**

We have suspended our home/face to face visits and groups but are still very much providing support, advice and information to people affected by dementia via the telephone and other electronic means. This number is there for any one affected by dementia and can be used by professionals to make referrals on someone's behalf.

Norfolk helpline: 01603 763556. Monday to Friday 9am to 5pm.

Outside these hours: Alzheimer's Society National Helpline is on 0300 222 1122. Monday to Wednesday 9am – 8pm. Thursday/Friday 9am – 5pm. Saturday/Sunday 10am to 4pm.

Talking Point is an online forum for everyone who is affected by dementia, open 24 hours a day.

<https://www.alzheimers.org.uk/get-support/talking-point-our-online-community>

### **Age UK Norfolk**

Our two main services are still operational; our Information and Advice Helpline and our Telephone Befriending service although the help line is now running as a call back service.

#### **Age UK Norfolk Information and Advice Helpline:**

T 0300 500 1217 Open 10am-4pm Monday, Wednesday and Friday and 10am – 1pm Tuesday and Thursday (this is currently a call back service)

E [advice@ageuknorfolk.org.uk](mailto:advice@ageuknorfolk.org.uk)

#### **Age UK Norfolk Telephone Befriending Service:**

T 01603 785 223

E [befriending@ageuknorfolk.org.uk](mailto:befriending@ageuknorfolk.org.uk)

## **GamCare**

**GamCare** - support for people affected by gambling-related harm – [www.gamcare.org.uk](http://www.gamcare.org.uk)

In light of recent developments, we understand that many of our partner agencies and service users will be worried and concerned about COVID-19 (Coronavirus). We appreciate that these are unusual times and, for some people, coping with the stress of this situation and self-isolation may increase urges to gamble. Please be assured that our services are still OPEN, and we continue to offer both telephone support and online services.

**The National Gambling Helpline is open 24 hours every day on Freephone 0808 80 20 133**, and all new assessments for clients across our network will be held over the phone. Our face-to-face Outreach Work is currently suspended, but we can offer free, live, online 1 to 1.5-hour awareness-raising sessions via Zoom, so individual staff can log on from wherever they are, using a laptop, tablet or mobile phone.

## FINANCE / FUNDING / GRANTS

### Rural Response Emergency Grants Programme

The Prince's Countryside Fund is inviting applications for emergency funding from farming and rural community support groups, who are providing assistance to counter the effects of isolation during the Coronavirus pandemic.

With thanks to Players of People's Postcode Lottery, groups can apply for grant funding of up to £2,500 if they:

- are providing emergency relief to vulnerable or isolated individuals or;
- are providing support to farmers and farm businesses affected by the Coronavirus pandemic or;
- are helping rural or farming communities to cope with the Coronavirus pandemic

£100,000 total is available in this first round of funding. **The Fund will assist projects that support farm businesses or other rural businesses and rural communities.** This may include, but is not limited to, volunteer and fuel costs for grocery and prescription delivery from rural community shops, pubs, and hubs; costs associated with emergency support by farm and agricultural support groups; or rural foodbanks and food delivery services.

Applying for emergency funding? **Read our Eligibility and Guidance document first.**

[Grant Eligibility and Guidance Document](#)

Please note:

- we do not fund individuals or private farm businesses, and cannot fund capital costs
- your application will be more likely to be successful if you can demonstrate need or demand for your project
- projects **MUST** be in a rural area.

**Please make certain to read our Eligibility and Guidance document before starting your application. We are unable to answer grant application queries at this time but will be in touch if there is anything we do not understand.**

[Click here to apply](#)

**Applications close on Wednesday 15th April at 12pm.**

## **CAF CORONAVIRUS EMERGENCY FUND**

This Fund is to help smaller charitable organisations in the UK affected by the impact of Covid-19. Grants of up to £10,000 are available.

In this time of national crisis, CAF has launched this rapid response Fund to help smaller charitable organisations affected by the impact of Covid-19. Grants of up to £10,000 will help them to continue to deliver much needed support to our communities across the UK.

This is intended as a rapid response fund, and we aim to make payments to selected organisations within 14 days of application.

We anticipate high numbers of applicants and unfortunately it is likely that we will not be able to offer a grant to all eligible applicants.

### **Who can apply?**

Organisations with a charitable purpose and charitable activities, which had income of £1million or less in their last financial year.

This includes:

- UK registered charities (registered with Charity Commission, Scottish Charity Regulator or Charity Commission for Northern Ireland, or as shown in the Charities Act 2010)
- Organisations registered with Companies House or the Public Mutuals Register, as a charitable or not-for-profit entity, eg Community Interest Companies, etc
- Unregistered entities and social enterprises.

### **How much can you apply for?**

Organisations in the UK with charitable activities can apply for up to £10,000 to support day to day activities in the current health emergency or your Covid-19 emergency response activities.

It is possible that not all grants will be made at the full amount. Please apply for an amount that will make a suitable difference to the size and activities of your organisation.

### **What can you apply for?**

You can apply for unrestricted funding for core costs, staffing, volunteer costs, supplies and equipment, communications or other critical charitable areas. You must be able to describe how an emergency grant will improve the situation for your organisation and community.

Please make only one application. Multiple applications will slow the process down and only one grant is possible for any organisation. Please remember that this is intended as an emergency fund to enable your charitable activities to continue at the moment in whatever way is needed; it is not designed to replace other lost income in the longer term.

For approved organisations, we will contact you again in approximately 6 months. We would like to find out how the grant has helped your organisation and broadly what it was spent on.”

<https://www.cafonline.org/charities/grantmaking/caf-coronavirus-emergency-fund>

## **Financial Support for Families**

### **Broadland District Council**

The Government has also provided a Hardship Fund and is putting in measures to help people if they need this support. Please see your local council website and follow the advice. **Please do not visit your council offices** - you will be able to access the information and ask for assistance either online or by phone - visit [www.south-norfolk.gov.uk/coronavirus](http://www.south-norfolk.gov.uk/coronavirus) or call **01508 533933**. (South Norfolk and Broadland have the same telephone number)

### **For support in North Norfolk contact:**

North Norfolk - 01263 516000 - [nndccovid19@north-norfolk.gov.uk](mailto:nndccovid19@north-norfolk.gov.uk)

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### **Benefits and Financial information**

#### **Universal Credit - Information for Partners on Coronavirus**

Essential information on Coronavirus has been issued on the Understanding Universal Credit website - <https://www.understandinguniversalcredit.gov.uk/coronavirus/>. The page contains information about coronavirus and claiming benefits. It will be updated regularly with information on what to do if someone receiving benefits is affected by coronavirus.

It has information on what to do if people are in work and not claiming benefits, with sections about sick pay eligibility and how to apply for Universal Credit - <https://www.gov.uk/apply-universal-credit> - and/or New Style Employment and Support Allowance - <https://www.gov.uk/employment-support-allowance/eligibility>. It also has information for those already claiming UC who may need to self-isolate and re-arrange appointments with work coaches.

For more information about any aspect of UC, including how to make a claim, visit the homepage - <https://www.understandinguniversalcredit.gov.uk/>.

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### **Early Childhood and Family Service**

If there is an under 5 in the household, families can also apply to the emergency family support fund via their website:

<https://www.norfolk.gov.uk/children-and-families/early-help-and-family-support/support-for-professionals/useful-resources>

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### **Free School meals:**

Recently, the government announced further plans to support children receiving free school meals. The government is asking schools to continue to provide meals where possible but has now made a national voucher scheme available for schools that can't produce or distribute meals. Parents who don't receive free school meals currently but might be eligible can apply here.

<https://fiso.norfolk.gov.uk/synergy/Enquiries/Citizen/FreeSchoolMeals.aspx/>

## VOLUNTEERS

### Volunteer to support the Coronavirus (Covid-19) response

Voluntary Norfolk, Momentum and Community Action Norfolk are working with Norfolk County Council and local health providers to recruit volunteers for a county wide effort to respond to the Coronavirus (Covid-19) crisis. **We are particularly keen to hear from people who have the skills to volunteer in health and social care roles, which have been identified as priority areas.**

- When you register, tick the **COVID-19 (Coronavirus) Call for Volunteers** box, as your Area of Interest.
- You only need to complete the mandatory fields, but please make sure you include your phone number.
- After you submit your details, you will receive a call back in due course from a member of our Covid-19 Volunteering Response Team to discuss what you can offer, what volunteers are needed in your local area and the next steps. Please be aware that this may take a bit of time as we coordinate our efforts with our partners
- You may also be contacted by a VCSE organisation directly if they think you would be a good fit for their Covid-19 volunteering role.

<https://www.voluntarynorfolk.org.uk/home-2/volunteering-2/register-to-volunteer-2/>

### Volunteer Groups

If you are aware of families that are self-isolating, there a growing number of community groups that are springing into action, and these may be able to help if there are no other family or friends that can assist. Details of these can be found at: <https://covidmutualaid.org/local-groups/> click on the map to make it bigger so that you can hone in on your local area and see what support is already available.

The information provided in our bulletins is sent to us from various sources. We try to ensure the information is correct at the time of publication but there may be some inadvertent errors. Publication in our bulletin does not necessarily constitute an endorsement of a service / organisation and we would advise you to take reasonable steps to check the services offered and organisation prior to using them – especially if you are referring children, young people and vulnerable adults to a service. Norfolk County Council cannot accept any liability for any services provided by a third party.