



Fresh Ideas Feeding Minds

MONDAY – WEEK 1



**Margherita Pizza
Pasta Salad
Sweetcorn**



**(v) Vegemince Curry
Steamed Rice
Sweetcorn**



**Jambuster
Muffin**





Fresh Ideas Feeding Minds

TUESDAY – WEEK 1



**Mexican Beef and
Baked Bean Chilli
Steamed Rice
Vegetable Medley**



**(v) Cheesy Pasta
Vegetable Medley**



**Cocoa
Shortbread**





Fresh Ideas Feeding Minds

WEDNESDAY – WEEK 1



**Roast Chicken with Stuffing
Roast Potatoes
Carrots, Cabbage
Gravy**



**(v) Quorn Fillet
Roast Potatoes
Carrots, Cabbage
Gravy**



**Oaty Apple Crunch
Custard**





Fresh Ideas Feeding Minds

THURSDAY – WEEK 1



**BBQ Chicken in a
Tortilla Wrap
Potato Wedges
Rainbow Salad**



**(v) Vegemince Lasagne
Rainbow Salad**



**Jelly with
Fruit**





Fresh Ideas Feeding Minds

FRIDAY – WEEK 1



**Breaded Fish Fingers
Chips
Garden Peas or Baked Beans**



**Vegetable Goujons
Chips
Garden Peas or Baked Beans**



**Fresh Fruit
Selection**





MONDAY – WEEK TWO



**Breaded Chicken
Curry Dip
Savoury Rice
Crunchy Vegetable Sticks**



**(v) BBQ Quorn in a
Tortilla Wrap
Potato Wedges
Crunchy Vegetable Sticks**



**Flapjack with
Apple Wedges**





Fresh Ideas Feeding Minds

TUESDAY – WEEK TWO



(v) Margherita Pizza
Pasta Salad
Sweetcorn



(v) Mexican Veggie
Bean Chilli
Steamed Rice
Sweetcorn



Fresh
Fruit Selection





WEDNESDAY – WEEK TWO



Sausages
Yorkshire Pudding
Mashed Potatoes
Carrots, Green Beans
Gravy



(v) Vegetarian Sausage
Yorkshire Pudding
Mashed Potatoes, Carrots
Green Beans and Gravy



Pear and Ginger Sponge
Custard





THURSDAY – WEEK TWO



**Beef Bolognese
Pasta
Vegetable Medley**



**Potato, Broccoli and
Cauliflower Cheese Bake
Vegetable Medley**



**Cornflake
Tart**





Fresh Ideas Feeding Minds

FRIDAY – WEEK TWO



Breaded Fish Fingers
Chips
Garden Peas **or** Baked Beans



(v) Vegetarian Enchilada
Chips
Garden Peas **or** Baked Beans



Lemon
Cupcake





Fresh Ideas Feeding Minds

MONDAY – WEEK THREE



Margherita Pizza
Potato Wedges
Crunchy Vegetable Sticks



(v) Sweet Potato and
Lentil Curry
Steamed Rice
Crunchy Vegetable Sticks



Ice Cream Tub





Fresh Ideas Feeding Minds

TUESDAY – WEEK THREE



Sweet and Sour Chicken
Steamed Rice
Broccoli
Sweetcorn



Quorn and Tomato
Pasta Bake
Broccoli
Sweetcorn



Chewy Krispie Bar
Orange Wedges





Fresh Ideas Feeding Minds

WEDNESDAY – WEEK THREE



**Roast Chicken
Stuffing, Roast Potatoes
Vegetable Medley
Gravy**



**Veggie Balls
Roast Potatoes
Vegetable Medley
Gravy**



Fresh Fruit Selection





Fresh Ideas Feeding Minds

THURSDAY – WEEK THREE



Cottage Pie
Garden Peas
Carrots



Italian Bean Bake
Garden Peas
Carrots



Cocoa Pudding
Cocoa Sauce





Fresh Ideas Feeding Minds

FRIDAY – WEEK THREE



Breaded Fish Fingers
Chips
Garden Peas **or** Baked Beans



Cheese and Tomato Quiche
Chips
Garden Peas **or** Baked Beans



Autumn Feast Muffin

