



An Introduction to *Child Whispering*[®], *A Signpost for Life*[®]

An Interactive Session to Introduce the *Child Whispering*[®] Approach to Parenting

This two-hour workshop is designed specifically for parents. Sandy Kennedy, the Founder of *Child Whispering*[®] will give an overview of some of the core components of the *Child Whispering*[®], *A Signpost for Life*[®] toolkit. She will draw on her vast experience to illustrate how embedding the concept at home as well as at school can help establish positive 'child to child' and 'child to adult' relationships.

Come along and share positive parenting ideas to improve learning at home and in everyday life. The interactive, practical parenting session will help you understand the core *Child Whispering*[®] concepts including the use of the unique *Colourometer*[®] and give you useful tips which will enable you to work in harmony with, support and reinforce the in-school sessions.

Emotional well-being is at the heart of *Child Whispering*[®]. It is designed to make children more resilient and confident in managing their learning journey. It improves self-esteem and assists children to communicate with others, prepares them to deal with life challenges and enables them to ask for and to access help when required.

Child Whispering[®] helps children develop key skills to enable them to create positive relationships and to identify and develop their skills and abilities. The programme is dynamic, easily accessible and delivered in a fun, progressive way to help us navigate children through the school years and into later life.

What parents have said ...

- *“Every parent should have the opportunity to take part in this!”*
- *“Food for thought! You are an inspiration and I feel inspired to try many ideas out.”*
- *“It is a mixture of citizen science, family values and interpersonal skills. These are real skills for life.”*
- *“I have been very inspired and impressed by the session. Sandy you are a wonderful resource and your Child Whispering techniques will be an inspiration in my family life, social groups and work. Thank you.”*
- *“Well done, keep going. Excellent evening. Plenty of food for thought and now it is time to put it into practice, remembering it all and keeping calm!”*
- *“Brilliant! My child is 17 months - but I’m going to start early!”*

***Child Whispering*[®], *A Signpost for Life*[®]**

sandy.kennedy@childwhispering.co.uk www.childwhispering.co.uk