

# COMBINED HARVEST APPEAL



## COLLECTION POINT HERE

### SHOPPING LIST TOP TEN ITEMS

Long life fruit juice  
Cereal bars  
Tinned potatoes  
Tinned tomatoes  
Tinned fruit  
UHT milk  
Chocolate / sweets  
Toilet rolls  
Deodorants  
Shower gel

Don't forget...

*You can help transform  
more lives with a financial  
donation too.*

### DONATE FOOD

Help by donating an item or two from our shopping list to ensure we can provide food to help people in crisis.



Norwich foodbank  
[www.norwichfoodbank.co.uk](http://www.norwichfoodbank.co.uk)

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