



KID INVENTORS' DAY

(K.I.D.)

JANUARY 17TH

Kid Inventors' Day was created to celebrate the achievements of the world's youngest inventors as well as encourage creativity and imagination!

To celebrate Kid Inventors' Day we are running a competition for school children to design a school lunch consisting of a main course and a dessert. The winning dish will then be prepared, cooked and served across our 230 Norfolk and Suffolk Primary Schools on Kid Inventors' Day which is **Thursday 17th January 2019!**

When designing your main course you will need to include:

- One portion of protein such as chicken, turkey, pork, beef, fish or quorn
- One portion of carbohydrates such as potatoes, pasta, noodles, rice or bread
 - At least two portions of vegetables or salad items
 - Consider using a sauce or gravy to make it extra tasty!

When designing your dessert consider:

- Using fruit as a flavouring or decoration
- Having a sauce, cream or custard to serve with it

Judges will be looking for creative menu ideas and inventive ways in how you draw your menu ideas.

Competition closing date is **Thursday 15th November 2018** and we will announce the winner after Christmas! Please send entries to:

Kids Inventors' Day Competition

Norse Catering

51 Norwich Road

Horsham St Faith

Norwich

NR10 3HH

Or email to: clare.jordan@norsegroup.co.uk



Norse
fresh ideas feeding minds

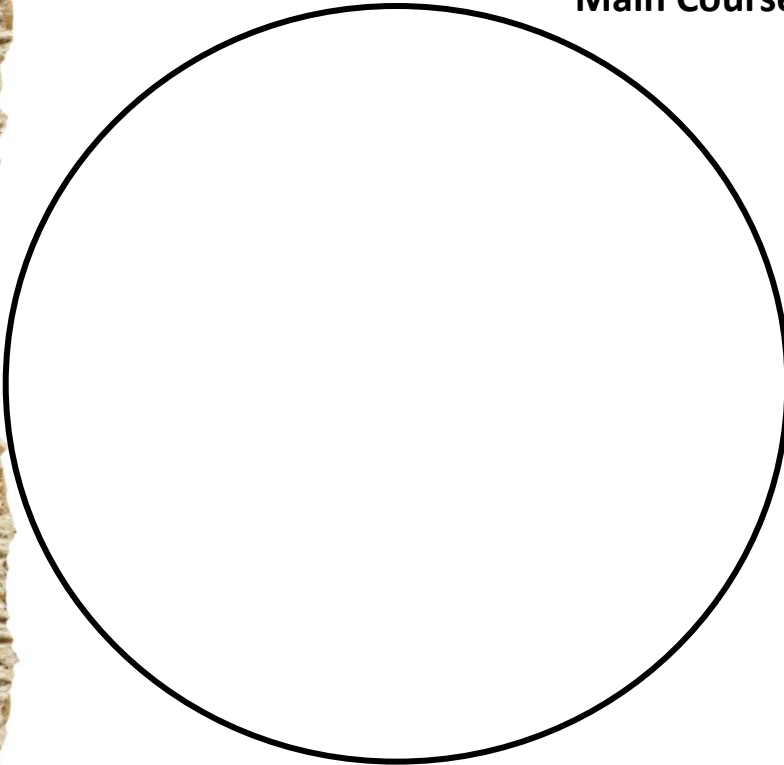


Kid Inventors' Day Competition

Name _____

Age _____ School _____

Main Course



Dessert

