

Do you worry about the pressures your children face?

YoungMinds have received funding from BBC Children In Need to develop support for parents and carers of 8 to 13 year olds to help their child develop emotional wellbeing.

We will be **co-developing and designing** the programme **based on insights from parents and carers**, and **involving them at every stage** of the project.

We want to reach as many parents and carers as possible to **hear what you have to say**.

If you would like to be involved, we will be holding some **insight gathering groups** in several areas around the country, including **Norwich**.

Workshop details:

Date: Friday 14 June 2019

Time: 10.30 – 12.30

OR

Time: 13.00 – 15.00

Location: St Luke's at 61 Aylsham Rd, Norwich NR3 2HF

Travel costs will be reimbursed and refreshments provided. Spaces will be limited so please contact jen.springall@youngminds.org.uk to confirm your place.

