

SPLASHDOWN 2017!

GET SAFE FOR SUMMER

BY LEARNING TO SWIM WITH NORWICH PENGUINS



- 60 years' experience of teaching swimming
- Children of all ages and abilities
- Learning to swim and play safely in water

5 DAY SUMMER COURSES
ALSO AVAILABLE

 @norwichpenguins

www.norwichpenguins.co.uk

01603 463282



CLASS TIMETABLE



MONDAY

Drayton Junior School
Heartsease Primary Academy
Colman Junior School
City Academy

CLASS

Beginner
Beginner
Beginner/Swim Ability
Beginner

TIME

17.00 - 19.30
17.00 - 19.00
16.30 - 19.30
16.30 - 18.30

TUESDAY

City Academy
City Academy
Town Close
Hethersett Junior School
Taverham School
Colman Junior School

CLASS

Beginner
Adults
Improver/Swim Active
Beginner
Improver
Beginner

TIME

16.30 - 18.00
18.00 - 20.00
18.00 - 21.15
16.30 - 19.00
18.00 - 19.30
17.00 - 19.00

WEDNESDAY

Colman Junior School
Drayton Junior School
Heartsease Primary Academy
Recreation Road Infant School

CLASS

Beginner
Beginner
Beginner
Beginner

TIME

16.30 - 19.00
17.00 - 19.00
16.30 - 18.30
15.30 - 17.30

THURSDAY

Recreation Road Infant School
Sprowston High School
Drayton Junior School
Long Stratton
Long Stratton

CLASS

Beginner
Beginner/Improver
Beginner
Baby Penguins/Beginner/Improver
Aquafit/Adult Lessons

TIME

15.30 - 17.30
16.30 - 19.45
17.00 - 19.00
16.00 - 17.30
19.00 - 21.00

FRIDAY

Colman Junior School
Drayton Junior School
City Academy
Heartsease Primary Academy
Town Close

CLASS

Beginner
Beginner
Beginner
Beginner
Improver/Swim Active

TIME

17.30 - 19.30
17.00 - 18.30
16.30 - 18.00
17.00 - 19.00
18.00 - 21.15

SATURDAY

City Academy
Thorpe High School
Colman Junior School
Colman Junior School
Hethersett Junior School
Hellesdon High School
Long Stratton

CLASS

Beginner
Beginner/Improver/Swim Active
Beginner
Parent and Child
Beginner
Beginner/Improver
Beginner/Improver

TIME

09.00 - 11.30
08.00 - 12.30
08.30 - 10.00
10.00 - 12.00
09.00 - 11.30
08.00 - 11.00
08.30 - 12.30

SUNDAY

Colman Junior School
Norwich High School Girls

CLASS

Beginner
Improver

TIME

08.30 - 11.30
09.00 - 10.30



@NorwichPenguins



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 Norfolk County Council